

Dates to Remember

Monday, 4th October
Public Holiday

Tuesday, 5th October
Term 4 commences for all
students

Tuesday, 9th November
HSC Exams Commence

Date TBA
Authentic Assessment
Year 10

Newsletters are published in weeks 3, 6
and 9.

Are available online at:
www.winghamh.schools.nsw.edu.au

Are emailed to:

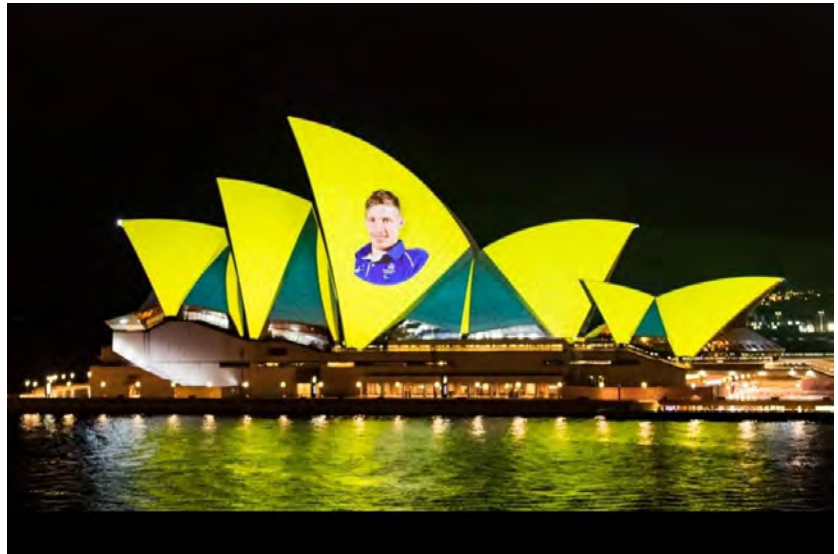
- all students @education emails
- parents/carers with registered email accounts.

To receive a copy via email:
Contact the school and update your email
address

Or

Hard copies are available from the front
office and the library.

Payments for excursions etc,
can be made online at
www.winghamh.schools.nsw.edu.au



From the Principal's Desk

Well, how do we summarise Term 3 2021! I think the best place to start is with a massive congratulations to the whole Wingham community for their support during these extremely unsettled times. NSW Health asking us to do our part in this COVID crisis was supported in 'spades' by our community. This support obviously comes at great expense with our students involved in the Learning From Home experience (not to mention the wider community effects). Our community faces vast challenges with technological access, before we even start talking about the academic support necessary for students to progress whilst working from home. It is apparent that individual success through this model has been varied. It is clearly understood how challenging this time has been for all our community, trying to get the best for children under our care. Ultimately, it was great to see our students back for the last week of school, albeit with face masks. It was a good opportunity to have a degree of reset before the school break.

HSC students – this group has faced a challenge to their senior studies like no other in my time in education. With the HSC Examinations being moved for a November 8 start – they have an inordinate amount of time between end of school of the final exams. It has been decided that our school will run, as per timetable, for Weeks 1- 4 of Term 4. This will be an opportunity for students to continue supported learning toward their upcoming examinations and focus on individual performance improvements for the HSC examinations. I strongly encourage Year 12 to take full advantage of this opportunity.

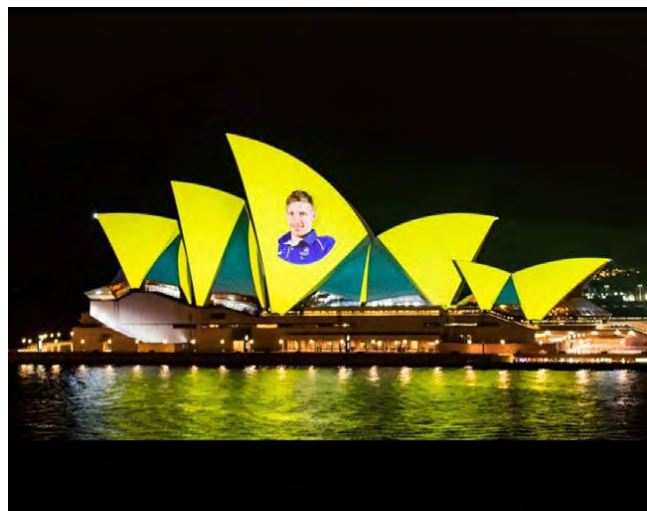
What will Term 4 look like for student learning – this is an impossible question to answer at time of writing in our current climate. What I am hoping for is all students back through the front gates and timetables running as normal for all students. During the break, I will be keeping a close eye on movements in our community and the associated health information. We will broadcast closer to school return the relevant information.

I wish all a relaxing break and that we stay healthy. Thank you again for your ongoing support of Wingham High School.

Paul Ivers

Luke Bailey - Tokyo Paralympics 2021

Congratulations to Luke for his wonderful effort at the Tokyo Paralympic Games representing his country and his hometown of Wingham. We are so proud of you!



PICASSO COW

We would like to introduce you to 'Sisu' (meaning strength and resilience).

Wingham High School's very own, almost, life-size cow. A small group of Agriculture and Visual Arts students have been planning and designing an artwork to be painted on Sisu and will be working on a research task which will focus on themes related to the cattle industry. This student-led initiative has been made possible by Dairy Australia and the support of the school community.

Watch this space for updates on Sisu's progress as our students begin to unleash their creativity and inspiration over the coming months.



Year 12 Wingham Museum Visit



The Year 12 English Studies students were able to participate in an excursion to the Wingham Museum in Term 2.

They learned about a variety of local heroes including Isabella Mary Kelly, the first female grazier in the Mount George area. Students also learned about the youngest Wingham boy to go to World War 1 and the famous local doctor who donated scholarships to medical students. The local heroes of Year 12 are pictured in the museum and outside in front of the mural of Isabella Kelly.



Wingham High School • Summer Canteen

The **CANTEEN** is OPEN from 8am every day -
For any special requirements please call in & have a chat with Judy.
REMEMBER to ORDER your LUNCH & RECESS
(you're guaranteed to get what you want & it saves time in the line)



Check the blackboard for daily specials.

HOT FOOD	COLD FOOD	ICE CONFECTIONS	SNACKS
Fish Piece \$2.50	Salad Roll (white or wholemeal) \$3.50	Paddle Pops (2 flavours) \$1.50	Fruit Muffin \$1.00
Vege Spring Rolls \$2.50	All Sandwiches (white or wholemeal) \$3.00	Ice Mony (3 flavours) .80¢	Fresh Fruit, whole or pieces .80¢
Chicken Fingers \$3.00	salad/egg & lettuce/ham, cheese & tomato/ chicken & lettuce/ Beef & Pickles	Sour snaps \$1.00	Fresh Fruit Salad \$2.50
Chicken Chilli Wrap \$3.00	Chicken, Cheese and BBQ sauce Roll \$3.50	Twisted Frozen Yoghurt (2 flavours) \$2.00	Yoghurt Fruit Custard Cup \$2.50
Sausage Roll \$3.50	Salad Wrap \$3.50	Frozen fruit .80¢	Fruit & yoghurt cups \$1.00
Ham and Cheese Toasted Wrap \$2.50	Salad Wrap with Chicken or Ham \$4.00	Frozen Fruit Poles .80¢	Crispy Fruit Packs (2 flavours) \$1.50
Lasagne \$4.00	Salad Box with Egg, Chicken or Ham \$4.00	Low fat Ice Cream Cup \$1.20	Chips 28gm \$1.00
Baked Chicken Meal \$5.00	Thai Beef Salad \$4.50	Frozen Juice Cups \$1.00	Grain Waves \$1.00
Toasted Sandwich (your choice) \$3.00	Chicken Caesar Salad \$4.50	Frozen Fruit Cup \$1.00	Cheeses rice sticks \$1.00
Fried Rice \$3.50	Half Wraps \$2.00	Frozen fruit Smoothies (4 flavours) .50¢	Monster noodle snacks .50¢
Garlic Bread \$1.50			
LUNCH ONLY	Salads consist of lettuce, tomato, beetroot, onion, cucumber, carrot & low fat cheese.	DRINKS	MISCELLANEOUS
Cheese Burgers \$4.00	All home made meals contain vegetables.	All Juices (4 flavours) \$2.50	Aprons - Blue or White \$10
Hamburgers \$4.50		Flavoured Milk (large) \$3.50	W.H.S Packs (apron, goggles, ear plugs, dust mask) \$20
Chicken Burgers \$4.50	Gluten Free Options Available Wraps, Sandwiches, Pizzas & Pies. Please Order	Flavoured Milk (small) \$2.50	Visual Arts Diaries \$7
Pizza \$4.00		Just Natural Flavoured Milk \$3.70	
VEGETARIAN FOOD		Plain Milk \$2.50	
Spinach & Cheese Roll \$2.50		Up & Go (small) \$2.50	
Caesar Salad \$3.00		600ml Water \$1.50	
		Active Water \$3.50	
		Juice Bombs \$2.00	
		Slushies \$3.00	

Vegetarian meals available every day. Please Order.

Please note:
NO Heating up of food not purchased through the canteen.
NO hot water will be given out.
NO Students in the canteen. Talk to Judy at front counter.



REDUCING PLASTIC USAGE AT SCHOOL

By Freya Raglas

Recently I have been inspired by the environmental organisation Take 3 for the Sea, which encourages people to pick up three pieces of rubbish anywhere you are and educate people about our huge amount of plastic pollution usage in the canteen. Judy has already made some changes but many more are to come.



When a couple of students and I went to a youth summit run by Take 3 for the Sea, we came up with a plan on what we could do for our school and community. One of the many ideas that popped up was to reduce the amount of plastic packaging in our school canteen so, I went and spoke to Judy. We now are on the way to reducing the amount of plastic

Miranda Frendin signs up for PCYC Leadership Program

Miranda Frendin in Year 11 signed up for the PCYC Leadership Program. It is a good opportunity to learn about aspects and qualities that make a good leader. The course should also build resilience and teach students how to deal with negative feedback.

Miranda had her first meeting yesterday with about 75 people on the Zoom.

It is with great pleasure that the Y NSW will be hosting a 6 week online Advocacy and Leadership Program. The program has been developed to enhance leadership skills, communication and confidence of young people. The program is free for all young people in NSW aged 15-20 years and would be best suited to young leaders at your school.

The program will commence next Monday the 6th September. Participants will work through an activity booklet and meet each Thursday evening for a 1 hour zoom session with all participants. We have a number of inspiring guest speakers joining our sessions.

Throughout the 6 week course they will work on weekly modules with young people from the across the state. The modules are listed below:

- Self-Awareness
- Authentic Leadership & Values
- Active Listening & Communication styles
- Problem Solving & Conflict
- Community Consultation
- Leading innovation, Initiative & Change

At the end of the 6 week program participants will be awarded with a certificate of completion and priority acceptance into our largest youth program the Y NSW Youth Parliament 2022 program.



PULSE



How Are you today?



Have you checked in?

IT ONLY TAKES A MINUTE



RESPECTFUL
RESPONSIBLE
POSITIVE



Spring at the Ag Farm





Canteen Roster Term 4

October 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Jennifer Lisa	6 Bev	7 Ray Lauren	8 Elissa Tim	9
10	11 Leane Lorraine	12 Jennifer	13 Bev	14 Ray Marina	15 Elissa Tim	16
17	18 Louise Vicki	19 Jennifer Lisa	20 Julie	21 Ray Bev	22 Elissa Tim	23
24	25 Leane	26 Jennifer	27 Marina	28 Ray Bev	29 Elissa Tim	30
31						

CANTEEN VOLUNTEERS NEEDED!

All you need is a free Volunteers Working with Children's Check and one simple form for you to enjoy a free morning tea and lunch and a good laugh with our fabulous canteen team. However, most importantly you are helping our students receive nutritious, NSW Government approved meals. You won't have to serve or handle money.

So come in and lend a hand as much or as little time as you like - and you don't have to have a child at this school to help!

Please call Judy on 6553 5488.



**Gluten Free Options
Now available by order**

Payments for excursions etc,
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Find us on
Facebook

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Are emailed to:

- all students @education emails
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