

Dates to Remember

Monday 31st May
Yr 10 into 11 Subject
Selection Evening

Date to be Confirmed
Semester 1 Excellence
Assembly

1st & 8th June
Yr 10 YAM Mental Health
Program

3 June
HSC Seminar Day



Eddie Woo & Zali Baker

Newsletters are published in weeks 3, 6
and 9.

Are available online at:
www.winghamh.schools.nsw.edu.au

Are emailed to:

- all students @education emails
- parents/carers with registered email accounts.

To receive a copy via email:
Contact the school and update your email
address

Or

Hard copies are available from the front
office and the library.

Payments for excursions etc,
can be made online at
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From the Principal's Desk

Welcome to our mid-term newsletter. I'd like to start by thanking Mrs Mary Doust, my executive team and whole staff for a fantastic job that has been done in my absence.

The beginning of term has once again been full of different activities, which is quite pleasing in one respect, COVID had put a line through many of the exciting learning activities that happen in the school. My welcome back coincided with a visit from one of the mathematical ambassadors for the Department of Education Mr Eddie Woo. The school has been involved with the Mathematics Growth Project headed by Eddie Woo and we have been long awaiting a visitation. Eddie quite rightly entered the school with celebrity status and presented to both staff and students different mechanisms and ways of getting engaged and excited about mathematics. It was great to have Eddie here and I think all would agree it was a fantastic day for all those that were involved with the visitation. For me personally it was inspiring to see such enthusiasm and a desire to engage with students and passion about teaching and learning.

NAPLAN for 2021 has now come and gone. Again, a big thank you to all those involved in the organisation and students for their efforts. We now eagerly await to see where we are situated and what needs to be done to continue to plan for all students to attain ongoing improvement. Closely aligned with this has been our efforts developing the strategic improvement plan. This new plan is guiding professional development in our school structures always with the end result being improvement in student learning and performance.

One of the policies that has been mentioned in our last few newsletters is our mobile phone policy. The new policy is designed to ensure that students are actually focused on learning, teachers are able to also focus on learning, some of the identified distractions associated with mobile phones in the classroom and the habits that develop with this are nullified and everyone has ultimate opportunities to improve with their learning.

Exciting times ahead for our Year 10 students who will begin the process of subject selections for their senior years. It is always a daunting question to try and plan for what you wish to do in in the coming two years, and also future endeavours after schooling. Our information evening will present quite a lot of information but hopefully start that supportive structure of planning out a curriculum that meets all students needs. Linked in with our senior information and transition out of school is university excursions that are continuing. It is an imperative insight into the options of university life and it's great to see those interactions are able to be had with this year group.

Finally, just another reminder of the importance and our ongoing focus on attendance. It's absolutely imperative that all students are in attendance, providing them with the greatest capacity for overall achievement. We are continuing to monitor, improve procedures and communicate with home to encourage students to be in attendance. Our target for all students is to be above 90%.

I hope you enjoy the newsletter and once again thank you for your support of Wingham High School.

Paul Ivers

Eddie Woo

Playfulness, openness and connections.

Yesterday Eddie Woo visited Wingham HS and engaged our students in numerous presentations. He allowed our students to see maths as an open, creative and playful subject. They explored the connections between mathematical concepts and the world we live in.



Beef Week 2021

The formal Beef Week Competition for 2021 was organised as a carcass only competition. This was again based on COVID restrictions in place during the 12 month period for the organisation of the event.

Our students have had limited opportunities to prepare steers for competition during 2019/20. The groups of steers exhibited in the latest competition have been through drought and fire as calves and finished with the March 20th floods in 2021.

Eight steers were prepared for the competition. Our students broke these steers in and over the preparation period had prepared them for a led competition at Beef Week 2021 if it could proceed as usual. The steers: Quad, Quarterpounder, Quinny, Qruiser, Razz, Rex, Rat & Rip were an excellent group of steers providing our students with quality learning experience in preparing steers for competition.

Some of the steers began life on our school farm as calves, selected by our students and prepared by a wide range of Ag, Primary Industry and Ag Sport students. Results to follow.

Creatures are the greatest teachers of patience, resilience and empathy for the welfare of animals. Any parents with contracts for potential show steers for 2022, please contact John Hawkins.



Yr 12 Biology Excursion

Year 12 biology went to the Museum of Human Disease on Thursday, 13th May as part of their depth studies to observe and research infectious and non infectious diseases. The museum is part of the medical faculty of the University of NSW. Students got a close up look at a range of diseases that can affect human organs. With over a thousand specimens to observe and read about the patients that donated them to the university to help educate medical practitioners of the future.





Education
Public Schools

YAM YOUTH AWARE
OF MENTAL
HEALTH

Youth Aware of Mental Health

The Department of Education is working with Black Dog Institute to run a school-based peer support and mental health literacy program called Youth Aware of Mental Health (YAM).

What is YAM?

YAM is a program aimed at addressing the mental health needs of young people.

YAM involves discussion and role play. It aims to get young people involved and talking about mental health. By doing this young people will learn problem solving skills and gain knowledge about mental health.

This is a free program for all Year 10 students. The Department of Education has funded all costs associated with the YAM program.

Who is it for?

Year 10 students

What is in the program?

There are 6 themes addressed in the program

- What is mental health?
- Self-help advice
- Stress and crisis
- Depression and suicidal thoughts
- Helping a friend in need?
- Who can I ask for advice?

How will YAM run in our school?

YAM will run over 3 weeks and is delivered in the classroom setting (up to 30 students) by accredited trainers external to the school.

Week 1	Week 2	Week 3
Opening session	Role play 2	Closing session
+	+	
Role play 1	Role play 3	

Students will be given a booklet to keep. It will include a guide of local health resources as well as a list of different organisations who work with youth in the local community.

Who can I contact to discuss YAM?

The contact for YAM in our school is Jenni Boyle

When will YAM be delivered in our school?

YAM will be delivered in Weeks 6, 7 & 8

Where can I find more information about YAM?

<http://www.y-a-m.org/>

TAKE 3 FOR THE SEA ARTICLE

Every Tuesday afternoon for 6 weeks after lunch 4 school students; Freya Raglus, Emma Letheren, Kaylan O'Keefe and Matilda Hurst, meet in the video conference room till 3:00pm involved in a Youth Leadership Program called "Take 3 For The Sea".

Take 3 For The Sea is an environmental organisation that is inspiring and educating people to help reduce plastic pollution and encourage to pick up at least 3 pieces of rubbish from beaches, waterways, parks, school & anywhere you can. Here's some facts we have learnt from this program so far;

- The ocean creates 2/3 of the earth's oxygen.
- Over 100, 000 marine creatures die every year from plastic pollution!
- 17.6 billion tonnes of plastic end's up in the ocean each year.
- In 1997, nearly 5 million pieces of Lego spilled into the ocean.
- Turtles mistake plastic bags for jellyfish and ingest them and die.
- A garbage truck load of plastic ends up into the ocean every minute.

There is no such thing as 'away' when we throw anything away, it must go 'somewhere', we encourage you to help the environment and pick up rubbish and Take 3 for the sea. "Lots of small actions = big impact"

Wingham High School has been involved with Take 3 for the Sea for a few years now and have been very fortunate to be 1 of only 4 schools to be offered an overnight excursion to Taronga Zoo as part of an environmental leadership program. This is an extremely exciting opportunity for our students.



SRC News

Wingham High SRC are calling for donations for people in need, especially in these current circumstances. Things we will accept include clothing, books, toys, toiletries, sporting equipment, homewares, shoes, bags and bedding (these must be in good condition, clean, not broken and/or new).

SRC are doing this in hopes of helping out and having some kind of relief for the community. All students who donate will be receiving something as a thank you and appreciation for their kindness. Please bring any donations to the CAPA room (Rm43) in star time, we will be sending these donations to Lifeline for flood affected citizens and others in need.

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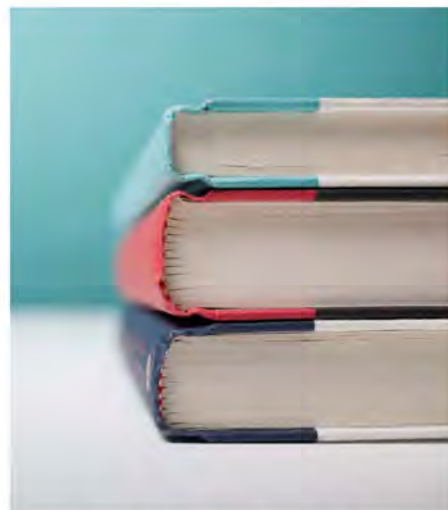
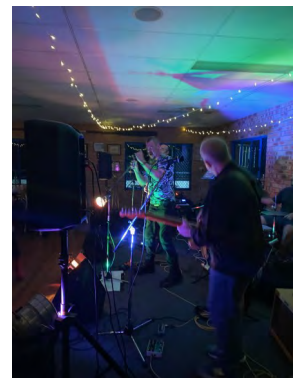
Earlier this term one of our amazing SRC students, Breanna Colvin, travelled down to Sydney and participated in a mental health forum. This is what she had to say:

"Last Wednesday I travelled down to Sydney to attend a future leader induction, which is part of the Mental Health Foundation of Australia. The foundation aims to advocate for mental health and illness. I met a diverse range of people and I am looking forward to zooming the other future leaders from around Australia. I get to be a part of many community and national events, especially in October. I am proud to be a part of the foundation and looking forward to the events I will get to be a part of".

Taree-Old Bar Surf Club Fundraiser

Year 12 Hospitality class was asked to cater for a fundraiser to help Taree-Old Bar Surf Club with their much needed extension to their building.

Hospitality teacher Beth Ripley wrote up a scrumptious menu of beef, chicken and vegetarian tacos. The students were tasked with cooking and preparing the tacos and doing table service. They worked tirelessly from 4pm till about 9pm and made sure the kitchen was spotless in the end. The crowd were extremely impressed by the quality of the food and there were nothing but complements. They were even a round of applause from the crowd and free club t-shirts.



Senior Study Time What we offer...

The Covid Intensive Support Teachers are available for all Senior Students to book in with during their study periods, if students do not have study periods, we are also available before/after school (via appointment), Prepare to Succeed every Wednesday afternoon, Friday during Sport time and via email.

We thoroughly encourage all students to access this opportunity while it is available.

We can be contacted by our school emails:

Tara.mccarthy12@det.nsw.edu.au

Brooke.fishenden1@det.nsw.edu.au

Valerie.taylor@det.nsw.edu.au

We will be presenting
Master Classes
during Sport time each Friday.
Classes are not mandatory;
students should pick and choose
which lesson/s they feel will
benefit them most.

Dates to Remember...

Week 6

Mrs. V Taylor

Breaking Down

Questions

28/5/2021

Week 7

Mrs. V Taylor

How to Write a

Thesis Statement

4/6/2021

Week 8

Mrs. V Taylor

Structuring an

Essay

11/6/2021

Week 9

Mrs. N Austin

Introduction to

Managing Stress

18/6/2021

Week 10

Miss T McCarthy

Relaxation

Techniques

25/6/2021

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THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT

Year 12 Farm Product Excursion

Year 12 senior Ag students from Wingham High and Taree High as well as 2 students from Food Technology on a farm product excursion. We followed the beef production chain at Wingham Abattoir from the kill floor through to packaging at 7.30 am, then headed to Meltique in Wauchope to see how they value add the meat buy infusing fat to marble lower quality cuts and then we headed to Lewis's Butchers in Wauchope where he discussed consumer preferences and watched sausages being made. We also visited Wauchope seafood to look at seafood types, cuts and consumer preferences on size and types of fish products purchased. We finished our day by visiting Vicker's Fudge Factory.

GRIP LEADERSHIP CONFERENCE

On the 13th of May, the Wingham High School Leadership Team, consisting of Harry Fittock, Lincoln Harrell, Ava Beck and Dean Stacey travelled to Club Foster and attended the GRIP Leadership conference. We were placed into an auditorium with other primary and secondary schools, such as Chatham High and Foster Public, and were provided with educational, inspiring activities that showed us how we can become better leaders around our school and community.

In these lessons we were given the opportunity to work together to identify areas around our school that require attention, and the leadership team are endeavouring to follow up on these findings. We found it very beneficial when we worked with other secondary schools to discuss what they are doing and what issues they have compare to our school. It was a really great interactive day and appreciate the efforts of the GRIP team to ensure we could benefit as this event was meant to be held last November but was cancelled due to Covid. It was then rescheduled to March but our region missed out due to floods. We really learned a lot on the day and the GRIP team's display of Positivity (The P in GRIP) was infectious. Ava even learned to identify a fish!



Wingham High School Mobile Phone Acceptable Use Procedures.

From Day 1 of Term 3 Wingham High is implementing new procedures around the appropriate use of Mobile Phones and other personal electronic devices. These procedures incorporate items such as headphones, Airpods or earbuds that connect to their device via Bluetooth or cable, and the misuse of Smart Watches.

The procedures provide a consistent framework for the use of mobile phones and other personal electronic devices in the school environment, relating to both students and staff. The procedures cover the school day from 9.00am to 3.20pm.

Our School's Approach

Wingham High School does not consider mobile phones to be an appropriate digital learning device under the Department's BYOD policy. This is due to their small screen size which has implications for optical health as well as their incompatibility to utilise a wide range of software required to access a wide range of learning activities and experiences. Students will have access to digital devices such as desktop and laptop computers, for learning activities that require specific access to online and offline platforms. Wingham High School has purchased several laptop banks to support this. The school acknowledges that mobile phones and other personal electronic devices if used appropriately are a modern tool that can supplement and enhance, not exclusively replace, some teaching and learning activities.

No Phone or Device is permitted to be out or on during class-time unless part of a specific learning experience or an individual learning plan. Students in the Learning Hub and MC class will follow the same procedures.

Exceptions to these procedures may be applied during school hours if certain conditions are met, specifically, *health and wellbeing-related exceptions* and where *mobile phones are required as per a teaching program*. Parents and carers can request an exemption, and these will be considered on a case-by-case basis and granted when required by law or at the Principal's discretion.

Contact Between Students and Parents/Carers During the School Day

Should a student need to make a call during the school day, they must:

- approach the administration office and ask for permission to use the school's phone.
OR
- wait till recess or lunch to use their mobile phone.

During school hours, parents and carers are expected to only contact their children via the school office. If parents do contact your student via their mobile - be aware they will not be able to respond until recess (11:00 am) or lunch. (1:00 pm or 12:10 Fridays).

If a parent or carer needs to collect a student, we will send for them to meet you at the front office.

Wingham High School Mobile Phone Acceptable Use Procedures cont..

When a Phone or Device is misused by a student or sighted by staff during class time.

If a student's phone or device is sighted or misused in STAR, Friday sport or in timetabled lessons, they have not followed student expectations.

In this instance staff are to:

Issue a slip instructing the phone or device to be handed in to the front office either immediately or at the end of the lesson. If the student refuses, the teacher may provide uptake time, the instruction however is still expected to be followed.

If this instruction is not followed: the student will be placed on a Whole School Level 3 Monitoring Card and issued a Warning of Suspension **by a Deputy Principal**

The Deputy Principal, when issuing a Whole School Level 3 and warning of suspension will endeavour to ensure parent/carers will be contacted to manage the students phone moving forward.

Students who repeatedly (3 times in a term) are recorded as having been instructed to take their phone to the office, regardless of their willingness to hand the device over, will be placed on and whole school level.

These procedures have been developed in conjunction with teaching staff, the P&C and the SRC. Feedback was sought and overwhelmingly forthcoming from parents at the recent Parent Teacher Interview Evening. A full copy of the procedures document will be made available on the school website shortly.

We look forward to working together to ensure learning time is maximised and distractions minimised in our lessons at Wingham high School.

Canteen Roster Term 2

June 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Jennifer	2 Judy Sky	3 Bev Lauren	4 Fred	5
6	7 Garry Lorraine	8 Jennifer Lisa	9 Judy Bev	10 Marina	11 Fred	12
13	14 Louise Garry	15 Jennifer Valda	16 Judy Julie	17 Bev Vicki	18 Fred	19
20	21 Leanne Garry	22 Jennifer Lisa	23 Judy Marina	24 Bev Lisa R.	25 Fred	26
27	28	29	30			

CANTEEN VOLUNTEERS NEEDED!

All you need is a free Volunteers Working with Children's Check and one simple form for you to enjoy a free morning tea and lunch and a good laugh with our fabulous canteen team. However, most importantly you are helping our students receive nutritious, NSW Government approved meals. You won't have to serve or handle money.

So come in and lend a hand as much or as little time as you like - and you don't have to have a child at this school to help!

Please call Judy on 6553 5488.



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