

Dates to Remember

Week 4

Year 10 Examinations
9/11/2020

Year 10 Examinations
Week 4 & 5

Year 8 Examinations
Week 5 & 6

Year 7 Examinations
Week 5

Year 9 Examinations
17/11/2020, 18/11/2020 &
19/11/2020

Year 6 Parent Meetings
19/11/2020

Year 10 Marine Studies Ex-
cursion—Port Macquarie
23/11/2020

White Card Course
Date 25/11/200

Year 12 Formal

Newsletters are published in weeks 3, 6 and 9.

Are available online at:
www.winghamh.schools.nsw.edu.au

Are emailed to:

- all students @education emails
- parents/carers with registered email accounts.

To receive a copy via email:
Contact the school and update your email address

Or

Hard copies are available from the front office and the library.

Payments for excursions etc,
can be made online at
www.winghamh.schools.nsw.edu.au



From the Principal's Desk

Welcome to the first newsletter of term 4. The first phase of the term has once again started with all cylinders firing. Term 4 always represents plenty of 'final' this and that. Students in Year 12 as all would be aware, are deep into their Final HSC Examinations and awaiting that final sense of relief knowing that it is all over. With that for them will obviously be the numerous conversations and planning around what is next! This is where we have faith in family and school investment has set these young adults up for their next stage of development. I am quite confident that this group of individuals will do well and have definitely displayed resilience.

As a school we are in the midst of assessing current school performance in all areas of learning. The idea is that for our next planning cycle we have a comprehensive understanding where we are at, therefore, enabling us to best implement strategies for continued student performance. The analysis of information at hand is obviously an important area for planning. As a school we have access to ever-growing amounts of information and it is an area we have already identified that we can improve, harnessing the information and implementing findings back into the classroom. We will be looking to parents and carers to help in our strategic planning so that we can better ensure all students continue to educationally develop throughout their time at Wingham High School.

Attendance – it is important. I know that conversation around the happenings of 2020 is definitely unique and attendance at so many venues has changed dramatically – including schools. I think now, more than ever, we need to focus on trying to get into patterns of learning so that the effect of COVID impacts learning as little as possible. We will be targeting attendance in our next planning cycle as we can have no effect on students if they are not here. We all know that attendance, punctuality and reliability are extremely important characteristics in life outside of school too. We are all about trying to develop these quality life skills so that we continue to produce positive and productive members of society.

I hope you enjoy the newsletter and that 2020 continues to head toward some degree of normality.

Paul Ivers



Programs for Senior Students

Term 4 2020 and Term 1 2021

A number of programs are on offer for students in Years 10, 11 and 12. All programs are delivered in a small group setting by Mrs Austin. Each program consists of 6-8 sessions that take 50 minutes each to complete. Each session is designed to provide skills to be practised and applied by the students for the remainder of the program. Students can express interest in one or more of the following programs.

Study Without Stress Program

The Study Without Stress Program is theoretically grounded in the cognitive behavioural approach. The program is delivered in a small group setting and is targeted at students approaching or in their final years of school.

Topics covered in the program:

- Education about stress – causes, symptoms, role of stress
- Managing stressful thoughts
- Timetabling and study/life balance
- Relaxation techniques
- Preparing for exams
- Understanding perfectionism and procrastination
- Tips to deal with work avoidance and building good study habits
- Problem solving

Building Study Habits Program

The Building Study Habits Program is aimed at students who would like to improve their organisation and approach to study in the senior years of school.

Topics covered in the program:

- Timetabling and study/life balance
- Creating study habits
- Organisation techniques
- Creating a planner that works for you
- Breaking down assessment tasks
- Study techniques
- Summarising text
- Tips to deal with work avoidance and building good study habits

7 Habits Program

The 7 Habits Program is a set of tools to help you be happy and successful. The program follows the book '7 Habits of Highly Effective Teens' by Sean Covey. Students will learn about a habit each week and be given practical ways to implement them into their lives.

Topics covered in the program:

- Habit 1: Be Proactive - *Take responsibility for your life.*
- Habit 2: Begin with the End in Mind - *Set goals for yourself.*
- Habit 3: Put First Things First - *Prioritise, and do the most important things first.*
- Habit 4: Think Win-Win - *Have an everyone-can-win attitude.*
- Habit 5: Seek First to Understand, Then to Be Understood - *Listen to people sincerely.*
- Habit 6: Synergise - *Work together to achieve more.*
- Habit 7: Sharpen the Saw - *Renew yourself regularly.*



Programs for Senior Students

Please return your expression of interest to Mrs Austin by the end of Week 4. Students can express interest in one or more of the following programs. If choosing more than one, please write 1-3 in order of preference.

Name: _____ Year: _____

I am interested in:

- Study Without Stress Program
- Building Study Habits Program
- 7 Habits Program

New Student Representative Council 2020/21



For the past few weeks, the new SRC have been getting to know each other and learning new leadership skills. On the 27th of October, the SRC got together and had a Student Representative council day training day. Throughout the day, we engaged in many activities that taught us leadership skills and teamwork. This following year, the new school leaders will be helping to run the SRC groups, such as the Communications group run by Ava Beck, Wellbeing, which is run by Sarah Busuttil, the Environment group run by Charlie Taylor and Lincoln Harrell and the Events group which is run by Harry Fittock. The 2020/21 Wingham High school captains and leaders are excited for our new journey in the Student Representative Council.

Events Group

Hi, my name is Harry Fittock and I am one of your school captains for 2021. As school captain, I intend to work with the SRC to build a connection with the greater school body, as well as gather ideas for what you want to see happen around the school. At present, I am the group leader of the events group within the SRC, in which we aim to provide you all with fun, inclusive activities and fundraisers that will allow us to contribute to the acquisition of resources for the classroom.

Thank you for your time.

School Leaders 2021

The School Leaders for 2021 are Charlie Taylor, Ava Beck, Harry Fittock, Sarah Busuttil and Lincoln Harrell.





Leap Words — I am full of words

7E1 are involved in a writing workshop every Tuesday from weeks 3-6, called “LEAP Words – I Am Made of Words”. The program is run by tutors and students from Macquarie University and Richard Short, Storyteller-In -Chief from the Story Factory, Redfern. They work in groups with tutors in a Zoom broadcast. The class was excited to participate and enjoyed the first session immensely. We are looking forward to the remaining workshops.



Australian Geography Competition

Geography students from **Wingham High School** tested their geographical skills and knowledge against students from all around Australia in the 2020 Australian Geography Competition.

We have a number of Year 10 student geographers at our school who performed to a very high level in the competition this year with **Dean Stacey** and **Isobel Butler-Kwa** gaining **High Distinctions**.

It’s been a challenging year for schools with the pandemic, so we were happy to still be able to give our students the opportunity to test themselves against students from all around Australia, with over 65,000 students entering.

Kath Berg, the Competition’s national coordinator, said “The Competition aims to encourage student interest in geography and to reward student excellence.”

“Geography is such an important subject because it develops in students a holistic understanding of the world around them, and their place in it,” said Ms Berg.

The Competition is a joint initiative of the Australian Geography Teachers’ Association and the Royal Geographical Society of Queensland. In addition to the funding from Australian Department of Education, Skills and Employment, sponsorship is received from the University of Queensland and University of Western Australia.

Congratulations to all students who entered this year.

Mr Davy (Teacher HSIE)





NAIDOC 2020

NAIDOC at Wingham High School will be a little different this year. Due to COVID, we have had to make massive changes to our plans. NAIDOC will be from 8th of November to 13th of November, and be during our term time. We will be having lessons in classes that focus on this year's theme "Always was, Always will be". Our teachers have come up with some awesome resources for our students' lessons.

We will be having our usual Barbecue Sausage Sizzle, so bring your money on Friday, 13th of November to grab a snag at lunch time!

Wakul Gudida and our Sistaspeak girls have been really busy preparing for our stall. We will start selling our beautiful jewellery creations at our NAIDOC Barbecue on Friday at lunch.



Year 8 Charcoal Drawings

Year 8 have completed a unit of work in art on portraiture. With this task they had to scale a small image into a large charcoal drawing focusing on tone. Here are some of the results!



Artists from left: James Webb, Lachlan Dawson, Eden McSweeney and Dylan Taniwha-Kennett.



Rolling Pins for Ceramics

Wingham High Arts Department are looking for donations of old rolling pins to roll out clay for ceramics. Plastic pins are probably the best as they don't absorb moisture but any donations at all would be greatly appreciated. Please send with your child or drop them into the office.





Australian Off-Road Championships

We are very proud of how both our boys competed in their first year of racing with the Australian Off-Road Championship 2020(AORC).

Cooper (Year 7) competed in the J1 Class (85cc small wheel) in the AORC. There were 25 riders competing in his class. After the 3 Rounds Cooper was on equal 1st on points with Mason Boucher of Victoria and came out with a 2nd place due to count back on places. He was super excited about his results. Cooper is looking forward to moving up to the J2 class and earning a spot on the Podium in 2021. Cooper will be competing in the AORC and NSW Off-Road Championship in 2021 and is eager to compete in a full year of racing and to better his results 2021.

“The closest finish of all the Championship classes was in the J1 class, proving to be a success in the first year the new 85cc class was run in the AORC.

Two riders – Mason Boucher and Cooper Boyd – tied on 56 points each, with Boucher taking out the championship on a count back for places. Lachlan Roche was able to secure third in the class on 53 points.

In fact, the top five riders were covered by a mere 16 points, such was the strong competition in the debut year for this class in 2020.”

J1 Results

Champion – Mason Boucher – 56 Points

Second Place – Cooper Boyd – 56 Points

Third Place – Lachlan Roche – 53 Points

Blake (Year 9) raced in the J4 (125cc to 200cc 2-stroke 200cc to 250cc 4-stroke). There were 30 riders competing in his class. He had a very solid and consistent year on the bike. Blake was very happy to come 11th in Australia in his class. He is looking forward to again competing in the AROC and the NSW Off-Road Champion in 2021.





Pottery



Jessica West and
Bella-Rose Spriggs



Lucy Yarnold



Bailey Shields and
Jake Andrews

Canteen Roster Term 4

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
Week 5	Leanne J Lorraine Mc	Jennifer H	Judy A Julie P	Ray L Bev B	Elissa Jenny Angela C
8	9	10	11	12	13
Week 6	Leanne J Louise S	Jennifer H	Judy A Marina K	Ray L Bev B	Elissa Jenny
15	16	17	18	19	20
Week 7	Leanne J	Jennifer H	Judy A Bev B	Ray L Lauren R	Elissa Jenny
22	23	24	25	26	27
Week 8	Leanne J	Jennifer H	Judy A Bev B	Ray L Marina K	Elissa Jenny
29	30	1	2	3	4
Week 9	Leanne J Lorraine Mc				

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3	4
Week 9		Jennifer H	Judy A Julie P	Ray L Bev B	Elissa Jenny Angela C
6	7	8	9	10	11
Week 10	Leanne J Louise S	Jennifer H	Judy A Marina K	Ray L Bev B	Elissa Jenny
13	14	15	16	17	18
Week 11	Leanne J	Jennifer H	Judy A Bev B	Staff Only	End Term Staff Only
20	21	22	23	24	Christmas 25
School Holidays					

CANTEEN VOLUNTEERS NEEDED!

All you need is a free Volunteers Working with Children's Check and one simple form for you to enjoy a free morning tea and lunch and a good laugh with our fabulous canteen team. However, most importantly you are helping our students receive nutritious, NSW Government approved meals. You won't have to serve or handle money.

So come in and lend a hand as much or as little time as you like - and you don't have to have a child at this school to help!

Please call Judy on 6553 5488.



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