



SRC members Harley Pike, Kate Lednor, Isobel Buler-Kwa, Amber Loretan, Josiane De Souza Rodrigues, Matilda Horsington-Williams, Erica Colvin, and Shari Urquhart.

The Wellbeing group in SRC have made small cards with compliments and quotes to help spread positivity throughout the school. We have also organised a poster and a chalk drawing competition on Friday for anti bullying day. Our goal is to prevent bullying by making the atmosphere at school kind and welcoming.

## From the Principal's Desk

Welcome to our latest newsletter. The past few weeks have been quite busy and I must say exciting. We are dealing with quite a few different changes going on which we are sure is going to have some extremely exciting outcomes for our students. This term the upgrade of our Science Labs is in full swing. This is stage II of the upgrade and will complete the refurbishment of the science classrooms. It is quite exciting with the works looking to be completed early in Term 2.

Whilst talking of all things new, we have acquired a new school bus. Our last bus was starting to age so the new vehicle is a welcome sight. It has to be said that Wingham High offers a plethora of learning experiences. The bus enables us to keep excursion costs to a minimum and provide students with as many opportunities as possible – something I believe is absolutely important in a rural setting.

Our student numbers have stabilised this year which is great news. We are sitting at 524 students which is just above last year. We have been fortunate to gain the experiences of some new staff and have their 'fresh eyes' provide us with valuable feedback.

Continuing with the theme of new – I congratulate and welcome our new P&C President – Mrs Louise Smith! Louise is well known across the Wingham district and has been a great volunteer in a variety of community groups. Louise is excited and has a fantastic team behind her. A big thank you must go to our outgoing President, Mr George Greaves. George has been a great asset to the P&C and school. His passionate enthusiasm will be sorely missed however, we will do our best to keep the initiatives that George has implemented alive. Any parents interested in coming along to P&C meetings are more than welcome. First Thursday of the month, 6pm in the library.

I hope you enjoy the read and I look forward to writing about some more exciting ventures currently in the planning stages.

*Paul Ivers*

## Dates to Remember

### 14 March

Year 7 Immunisation

### 22 March

Open Girls Hockey Gala Day - Newcastle

### 25 March

Year 10 Geography Fieldwork Excursion  
Forster/Tuncurry

### 27-28 March

Year 7 Compulsory Aquatics Program

### 28 March

Year 9 Marine Studies Excursion - Old Bar

### 29 March

WHS Cross Country

Newsletters are published weeks 3, 6 and 9 each term, online at

[www.winghamh.schools.nsw.edu.au](http://www.winghamh.schools.nsw.edu.au) or

Hard copies are available at the Front Office and the WHS Library.

Payments for excursions etc, can be made online at

[www.winghamh.schools.nsw.edu.au](http://www.winghamh.schools.nsw.edu.au)



## WHS Clean Up Australia

Friday 1st March was National Youth Clean Up Australia Day. The SRC, student volunteers and the Walk and Talk sport group spent their time around school, the town park and the brush picking up rubbish and helping to create a better environment. This is the 30th Year of Clean up Australia Day. It is an important event and a good time to reflect on what we are doing to our environment.

Before you throw something out the window or drop it on the ground think of the following statistics.

### **This enviro thing, is our thing.**

A cigarette butt on the ground is 4,000 chemicals leeching into the dirt or down the drain.

An apple out the window is going to sit there, ugly and rotting, for a couple of months, tempting wildlife closer to roads.

A muesli bar wrapper that blows away, takes about 5 to 10 years to break down.

And just another water bottle, because we didn't bring our own, is a serious choke hazard on our eco system.



## Senior Success Program - Friday 22nd March

**Year 11 and Year 12 students are welcome to attend Senior Success to be held on Friday - Week 8.**

**If this timeslot proves to be successful further afternoons will be offered during 2019.**

**For further information see Mrs Harrell in the CAPA staffroom**

Senior Success offers support to senior students with

**STUDY SKILLS  
ORGANISATION AND PLANNING  
LEARNING STYLES  
STRESS MANAGEMENT  
PREPARING FOR YEAR 12 AND BEYOND**

**The Library will be open on Friday Week 8 to Year 11 and Year 12 students  
from 12:10pm - 2:30pm**

**Senior Success will run during junior sport time.**

## The New WHS Bus

Having our own bus has shown to be a great asset to our school. It is utilised for the use of sporting activities, excursions and other school representations. It has saved our school a considerable amount of funds which would otherwise have been used for hiring buses resulting in families having to pay higher excursion and sporting fees. The new bus seats 24 passengers.





## Year 7 Welcome Breakfast

The Year 7 welcome breakfast was held in the MPC on 27<sup>th</sup> February, 2019. It was a great opportunity for parents, students and teachers to meet and it allowed meaningful educational conversations to occur.

It is always good to get a face to a name! If you were unable to attend and would like to talk to your child's teachers, please ring the school.

A big thankyou to all staff that cooked and served delicious bacon and egg sandwiches on the day.

Welcome to all Year 7 students and their families.



## Bungarra Dance Group

On the 21<sup>st</sup> of February Madison Fitzgerald from Year 8 and Jonathan Aiken from Year 7 went to the Bungarra Dance Training session at Taree High School to learn how to do dancing. When we got to Taree High the Bungarra dance people told us about their culture they started in 1989 founder by Cheryl Stone and Carole Johnson, a South African woman. This is the 30<sup>th</sup> year of the Bungarra Dance group. Before we began to dance we played a game with famous Aboriginal people on posters. We had to guess what famous person they were and learnt heaps of interesting facts about the people. Then we warmed up with some easy dance moves and learnt lots of new steps. After lunch we learned some dances where there were parts for the boys and girls. There were a lots of movements and grooving on the day. The day was very fun and a great day to meet new people. Two kids from the other schools were chosen on the day and will then try out for the higher stages to be accepted into the Bungarra Company.

*Thank you to Kelly and Ms Meaney for taking us to Taree High School.*

---

*Madison Fitzgerald and Jonathan Aiken*

---



## Outstanding Student Achievement

A letter to Mr Ivers from Event Health Services Mid Coast Combined Division

Dear Paul

I wish to inform you about a remarkable student from your school.

Sarah Busuttil is a St John Cadet at the Mid Coast Combined Division in Taree. Sarah joined St John, as a Junior, in Penrith on the 7 April 2011, she transferred to the Mid Coast Combined Division on the 1 January 2016.

On the 19 October 2017 Sarah gained her Provide First Aid Certificate. On the 15 December 2018 Sarah gained her Provide Advanced Resuscitation Certificate which allows her to operate Oxygen delivery units. On the 18 January 2018 she gained her Stryker Stretcher Certificate. This allows Sarah to operate a stretcher similar to the stretchers the NSW Ambulance uses.

Sarah has just spent her final 10 days of the school holidays at Tamworth assisting St John Ambulance, under extreme adverse conditions, providing first aid at the Tamworth Country Music Festival.

During her time in Tamworth Sarah worked 80+ hours and treated 21 patients ranging from heart conditions, heat exhaustion, epileptic seizures, minor and major wounds and various bites and stings.

Sarah worked alongside Paramedics and Registered Nurses and was actively involved in saving at least one person's life.

While she was in Tamworth Sarah also represented St John at a recognition of Emergency Services Ceremony on the stage in Bi-Centennial Park on Thursday 26<sup>th</sup> along with other representative from NSW Fire and Rescue, Aviation Fire and Rescue, SES and Salvation Army.

Sarah is a young girl who works well in a team environment and can still work on her own with limited supervision. She is very confident in applying first aid, however still has the humility to ask for assistance when presented with a situation which is out of her depth.

Yours sincerely  
Dennis Buxton  
Divisional Officer Youth

**Mid Coast Combined Division-Cadet Section**  
Meets:- Thursday night, 6.30 - 8.30  
Taree Girl Guide Hall,  
Douglas Street, Taree

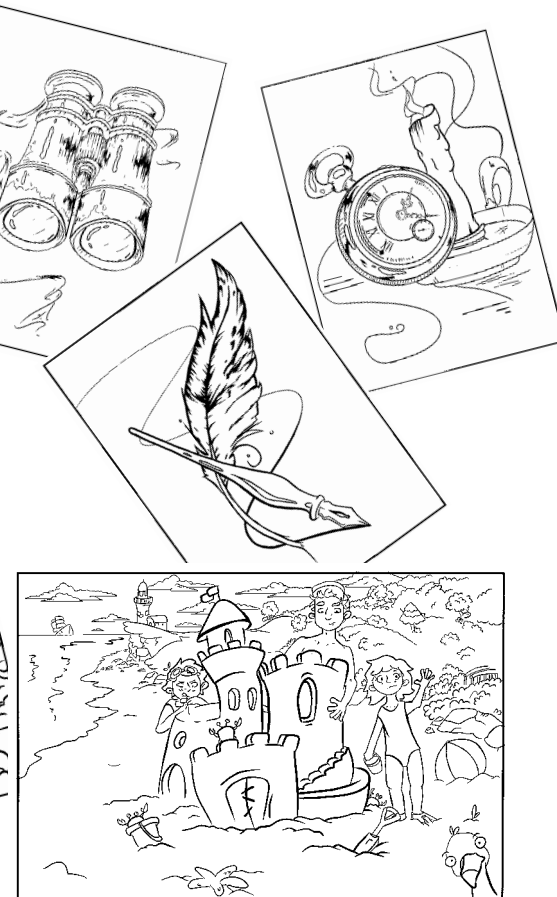
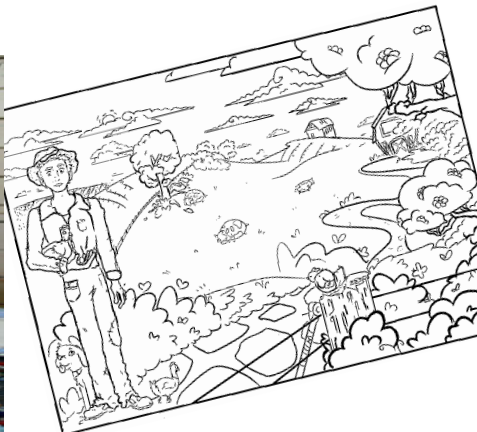


## Laura's Work Experience

Laura Spee is a Year 12 student who has been doing work experience at the Wingham Museum since last year as part of her Work Studies subject.

Laura has great technical ability and helps maintain their website, but her most outstanding talent is her artistic ability. Laura has put together an amazing colouring in booklet for children who attend the museum.

Laura also assists in putting together different exhibits. She is currently helping to put together a very special exhibit which we will unveil when it is complete. Stay tuned!





## Public Speaking - Close But No Cigar

Wingham High School captain, Stephen Smith has fallen one place short in this year's Rotary Public Speaking contest. He was narrowly beaten by the contestant from Moree High School, in the final held in Armidale on Saturday March 9.

Stephen won the local round of the competition in November last year, speaking for Wingham Rotary and defeating students representing Rotary clubs in the Manning, Great Lakes, Bulahdelah and Gloucester. His five minute prepared speech was titled "Service, Sacrifice and Success", a powerful speech that detailed the importance of the Invictus Games and the need for us to appreciate the heroic work of our armed services personnel.

Stephen then went on to win the semi final in Walcha on Saturday 23<sup>rd</sup> February, meeting similar Area winners from all over northern NSW. Contestants were able to use the same prepared speech, though Stephen changed his speech slightly to account for the passing enthusiasm over Invictus. However, at this level they also had to deliver a two minute impromptu speech. They had only two minutes to prepare for and then speak on the topic of "What is happening that gives us hope for the future?"

Stephen spoke confidently and methodically in the impromptu. He argued a case for the vast improvements in medical science giving us hope for the future, especially in the need to reach out into developing countries.

The adjudicators announced a clear victory to Stephen and it seemed with a similar performance he could take out the final and the first-place prize of an all expenses paid trip to New Zealand sponsored by Rotary International.

But the contest has a controversial format. The top four contestants from the semi-final meet again in the final. This gives the placegetters the opportunity to modify their speeches and impromptu performances to try and close the gap on the semi-final winner ie Stephen.

Stephen's performance in the prepared section was his best ever. The impromptu question was: "What is the most important lesson you have learned in life?" Steven nominated the quality of respect. He covered what respect is, why it is so important and where we would be without it. He had an introduction, body and conclusion, as was drilled into him by coach Mr Dunbier.

However, the girl from Moree delivered a vastly improved performance and spoke with enough passion to convince the judges.

Wingham High can be very proud of Stephen, who never the less still remains alive in the Lions Youth of the Year contest.



Stephen receiving his certificate for winning the semi-final, from the Rotary District Governor.

## Wingham High to Host Rotary Dinner

6pm Tuesday 9th of April  
Mexican Theme

Tickets available through the WHS Front Office  
and Rotary Wingham

There will be raffles on the night  
and entertainment by the Year 11/12 Music classes.



## Canteen Roster

For more information phone Judy on 6553 5488

March	8	Leane J Lorraine	Jennifer H	Judy A Leane J	Ray L Bev	Elissa
March	9	Leane J Lousie	Jennifer H	Judy A Julie P	Ray L Marina	Leane J Elissa
April	10	Sandra K Leane J	Jennifer H	Judy A Leane	Ray L Bev	Angela C Elissa
April	11	Leane J Cheryl	Jennifer H*	Judy A Leane	*Ray L Lauren	Simon M Elissa Rae-l

Volunteers  
Welcome

