

Dates to Remember

1 July

Excellence Awards Evening 6:00pm

1-5 July

NAIDOC Celebrations Week

5 July

Last day of Term 2

Tuesday 23 July

Start of Term3 for students

30 July

Australian National Chemistry Quiz

31 July

Regional Athletics

14 August

Star Stories - Astronomy Evening

15 August

CAPA Big Night Out

Newsletters are published
in weeks 3, 6 and 9.

Are available online at:
www.winghamh.schools.nsw.edu.au

Are emailed to :

- ⇒ all students @education emails
- ⇒ parents/carers with registered email accounts.

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Or

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can be made online at
www.winghamh.schools.nsw.edu.au

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Students travel to Sydney to watch a performance by the Bangarra Dance Company

From the Principal's Desk

Welcome to our end of term newsletter. As you will see there is never a dull moment for students at Wingham High with plenty of learning opportunities once again taking place. Our school plan sets out for us to be examining and implementing new and developed initiatives to make the educational setting as successful as possible.

Our school vision is to: *inspire students to grow as engaged citizens who are equipped with skills for lifelong learning through high quality, innovative educational experiences.*

The aim is to have a culture at the school where all students are aware that they have individual skill sets that enable them to be productive beyond the school gates. The learning initiatives developed provide an experience where errors are identified as great learning opportunity. Achievement is not purely measured in successful outcomes but also determination, planning, trial and the ability to critique for further improvement in performance. Other activities are designed to enable situations where the senses are dealt a new encounter, hopefully igniting a passion to ask questions and tease the desire to know more.

As you read about some of the happenings going on at the school, have a think and reflect about the greater learning that is encountered by being involved in the event. Your encouragement getting your child to be involved is one of the greatest influences we can have as parents and carers.

Thank you for your continued support and enjoy the read.

Paul Ivers

Year 10 Snorkelling Excursion

On the beautiful mild and sunny day of Monday 20th May, 16 of the Year 10 Marine Studies students travelled to Forster-Tuncurry to practise basic snorkelling skills and experience guided open water snorkelling.

Arriving in the brisk morning, air temperature was 12 degrees but the water 23 and crystal clear. After wetsuit and equipment fitting a short safety briefing discussed dive hand signals, the importance of the buddy system and clearing masks and snorkels. Bream, Flathead, zebrafish and even an eel were spotted while we practised our snorkelling skills and hand signals in the Tuncurry netted rockpool.

After a short break, we were driven around to the southern side of Forster Main Beach to gear up again, and dive into the water from the back of the 'Bull Ring' Ocean Baths Saltwater Pool. For the next hour we cruised along through the water around the local know submerged 'Hayden's Rock' and a number of spectacular species were spotted, including Fiddler Rays, Port Jackson Sharks, Eagle Rays. Most notably, we spotted a group of around 30 of critically endangered and threatened Grey Nurse Sharks which were located 7 meters below the surface of the water. It was a once-in-a-lifetime experience and we would like to thank all the students for their safe and responsible behaviour and enthusiasm on the day.

We would also like to thank our beautiful and knowledgeable trainers Gabby and Jo, who dive daily and manage local *Dive Against Debris* events to remove rubbish from the local estuary.

"Project AWARE's flagship citizen-science program, Dive Against Debris®, empowers scuba divers to remove marine debris from the ocean and report data on the types, quantities and locations of materials collected."

Years 9 and 10 Whale Watching Cruise Excursion

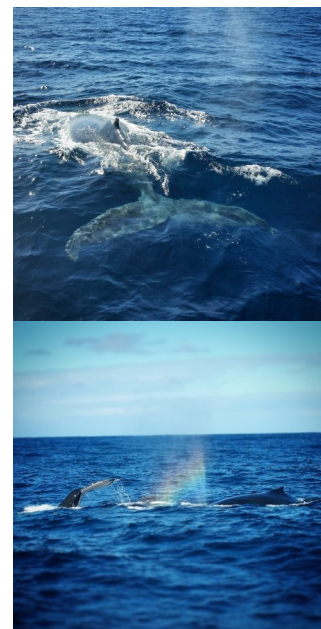
On the beautiful mild and sunny day of Thursday 20th June, 20 students from the combined Year 9 and 10 Marine Studies classes travelled to Forster-Tuncurry to board the Amaroo catamaran boat, with high hopes it was going to be a good day for whale watching.

After a safety briefing and a short tour around the small islands within Wallis Lake, we were instructed to put on our lifejackets while we passed through the break walls between Forster and Tuncurry.

Immediately upon being in the open water, Matt the whale expert whipped his binoculars out to scope the ocean for signs of whales surfacing or their blowhole spray. Once spotted, we travelled five nautical miles out from the coast to rendezvous with a pod of six Humpback whales travelling north for their annual whale migration.

Several common dolphins also swam alongside the boat, as per usual, we were told. Other species common to the area during the winter-spring season include Bottlenose and Oceanic dolphins, Ospreys, White Bellied Sea Eagles, sharks, turtles and 'dwarf' Minke whales (which Wingham High School students spotted during their same excursion during September 2015).

Whaling was prominent in Australian in the 18th century, carried out using harpoons. However, laws were passed to protect the species once species numbers plummeted. In NSW, whaling ended in 1962 and by 1980, permanent anti-whaling policies were adopted. Australia started to focus heavily on working towards the international protection and conservation of cetaceans. Whales, dolphins and porpoises in NSW waters are now protected under the Commonwealth Environment and Biodiversity Conservation Act 1999 and the NSW National Parks and Wildlife Amendment (Marine Mammals) Regulation 2006.



Singleton Cattle Education Day

June 14th saw 22 members of the Show Team attending an Education Day on cattle parading / judging and judging etiquette. The workshops were held at Singleton Showground and were designed to support students in understanding finer points of judging cattle and aspects of the beef industry related to carcase quality and breeding.

Students had an opportunity to review scanning technology used in assessing live cattle and the relationships to carcase quality and final market destinations.

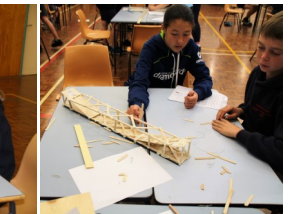
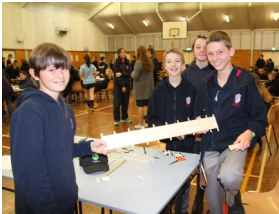
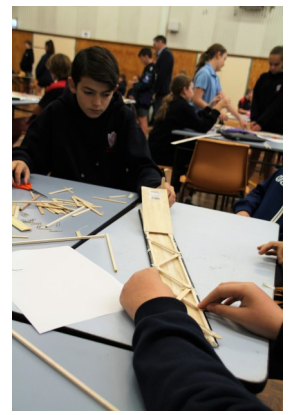
Overall our students gained some new insights into butchers views on carcasses, industry expectations for particular markets and best practices for cattle judging and show preparation.



STEM—Bridge Building Challenge

On Monday June 24th Year 7 students took part in our inaugural STEM Bridge Challenge. Students spent the first four lessons of the day building a bridge from balsa wood, paddle-pop sticks, straws and masking tape.

It sounds simple but their task was to use their knowledge of science and maths to engineer a structure that would support several kilograms across a 70 cm span.



Hospitality Work Experience

Luke is a Year 10 student doing work experience in the kitchen at Club Taree's Dineon9 Restaurant.

Luke is assisting the head chef Jonathon by doing food preparation. He really enjoys learning how one of the busiest commercial kitchens in Taree runs and the behind-the-scenes work that is required.



White Card Course

As part of the VET Construction course students are required to obtain a White Card. This great opportunity was provided at Wingham High School last week and allowed not just the Construction class to participate, but was open to anyone interested.

Although only 20 places were available, students from Years 10, 11 and 12 have taken up the opportunity to improve their employment opportunities post school, after completing the recent White Card course.

The qualification CPCCWHS1001 – Prepare to work safely in the construction industry, allows card holders to work on construction sites. With a high number of students wanting to complete work experience or gain apprenticeships in the building trade, this training will allow them the opportunity to gain valuable industry experience.

The two day course involved students demonstrating personal awareness and knowledge of health and safety legislative requirements by identifying common construction hazards, understanding basic risk control measures, and identifying procedures for responding to potential incidents and emergencies.

Well done to all students involved.

Fishing for Sport

This term has seen pleasant weather conditions with fellow fisho's enjoying the gentle walk through Wingham Brush down to the wharf and river bank for a relaxing afternoon fishing for sport.

Although catch numbers have not been huge, several small bream are being caught as the targeted species. Ethan Younger's catch of a 42 cm Flathead got the crowd excited and was taken home for tea.

With bream season well underway each week gives students the chance to land the next big one.

Till then, tight lines and good fishing.

Bangarra Unaipon

MATILDA: So, this year was Dylan's first time to the Opera House to watch Bangarra, how was your experience Dylan?

DYLAN: I really liked the trip to Sydney and the dancers. It was my first time going to Sydney and watching the Bangarra Dancers. I will definitely be going next year to watch the dancers again.

MATILDA: What was your favourite bit?

DYLAN: My favourite bit was the thing they did with the strings. Deadly!!

On Wednesday 26th of June, 48 students went to Sydney to watch a performance by the Bangarra Dance Company called "Unaipon".

We all learned about David Unaipon. The dancers worked very hard every day to get to be the best. We all learned some interesting facts about all of the important things that David Unaipon did in his lifetime- more than just the man on the \$50 note! He was an inventor, a scientist, an author and a visionary.

Everyone got to see amazing things, like the Sydney Opera House and the Sydney Harbour Bridge. All of the students enjoyed the talented dancers, the bus trip and the experience of seeing a live show.

By Dylan Kennett and Matilda Horsington-Williams



Wingham High School Newsletter



Canteen Roster Term 3

For more information phone Judy on 6553 5488

Volunteers Welcome



July	1	*	Jennifer H	Judy A Leanne	Ray L Bev B	Elissa
July/ August	2	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
August	3	Leane J Bank Holiday	Jennifer H	Judy A Leanne	Ray L *	Elissa *
August	4	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
August	5	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
August/ September	6	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
September	7	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
September	8	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
September	9	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *
September	10	Leane J	Jennifer H	Judy A Leanne	Ray L *	Elissa *



Wingham High School • Winter Canteen Menu • 2019

The CANTEEN is OPEN from 8am every day - please knock at the side door.
For any special requirements please call in & have a chat with Judy.

REMEMBER to ORDER your LUNCH & RECESS
(you're guaranteed to get what you want & it saves time in the line)

Check the blackboard for daily specials.

HOT FOOD	
Low fat plain pie	\$3.50
Low fat flavoured pie	\$3.80
Low fat sausage roll	\$3.50
Pizza (Home-made)	\$3.50
Ham and cheese toasted wrap	\$2.50
Fish piece	\$2.50
Chicken fingers	\$3.00
Baked Bean and Cheese Jaffle	\$3.00
Toasted sandwich	\$2.50
Chicken Parma	\$3.00
Curried Beef (Home-made)	\$4.00
Lasagne (Home-made)	\$4.00
Apricot chicken (Home-made)	\$4.00
Homemade soup	\$2.50
Garlic Bread.	\$1.50
LUNCH ONLY	
Chicken burger with coleslaw	\$4.00
Roast chicken dinner (Home-made)	\$4.50
Oodles of noodles (Home-made)	\$4.00
Chicken and gravy roll	\$3.50

All home made meals contain vegetables.

COLD FOOD	
Salad Roll (white or wholemeal)	\$3.00
All Sandwiches (white or wholemeal)	
Salad / egg & lettuce	\$2.50
ham, cheese & tomato	
chicken & lettuce / beef & pickles	
Ham cheese and pineapple roll	\$3.00
Salad Wrap	\$3.50
Salad Wrap with Chicken or Ham	\$4.00
Salad Box with Egg, Chicken or Ham	\$4.00

VEGETARIAN HOT FOOD	
Spinach & Cheese Roll	\$3.50
Cheesy Mac	\$3.00
Vege bake	\$4.00
Vege mornay pie	\$3.80

Vegetarian meals are not available every day. Please Order.

ICE CONFECTIONS	
Paddle Pops	\$1.50
Frozen Juices Stick	\$1.00
Weis (3 flavours)	\$2.00
Tnt	\$1.00
Twisted Frozen Yogurt	\$2.50
Frozen Fruit smoothies	50c
Ice Mony's	80c
Low fat Ice Cream Cup	\$1.20
Frozen Juice Cup	\$1.00
Frozen Fruit	.80c
Frozen Fruit Cups	1.00

Gluten Free
Bread & Wraps are
now available

Please Order

DRINKS	
All Orchy Juices	\$2.50
Flavoured Milk (large)	\$3.50
Flavoured Milk (small)	\$2.50
Just Natural Flavoured Milk	\$3.70
Plain Milk	\$2.50
Up & Go (small)	\$2.00
600ml Water	\$1.50
750ml Water	\$2.50
Flavoured Active Water	\$3.50
A.I.t drinks	\$3.50
Glee Sparkling fruit juice	\$2.00

SNACKS	
Fruit Muffin	\$1.00
Fresh Fruit, whole or pieces	.80c
Fresh Fruit Salad	\$2.50
Yoghurt Muesli Custard Cup	\$2.50
Fruit & Yogurt cups	\$1.00
Chips 28gm	\$1.00
Popcorn	\$1.00
Crispy fruits packet	\$1.50
Cheese Platters	\$2.50

MISCELLANEOUS	
Aprons - Blue or White	\$10
OHS Packs (apron, goggles, ear plugs, dust mask)	\$20
Visual Arts Diaries	\$7

Please note : NO Heating up of food not purchased through the canteen.
NO hot water will be given out. NO Students in the canteen through lunch or recess.

Wingham High School Newsletter



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