

PRINCIPAL'S REPORT

THE GREAT GONSKI

This week schools across Australia have celebrated the impact that the Gonski funding model for schools has had on our ability to implement sustainable programs that benefit all students. At Wingham High School the additional funds have enabled us to

retain the 2nd Deputy Principal position (Mr Keen);
employ a Job coach (Mrs Donna White),
Transition Pathways Adviser (Mrs Annette Blanch) for students at risk of leaving before they turn 17,
an Aboriginal Education Worker (Mr Brendon Croker),
a full time technology support officer (Mr Craig Colvin),
increase the hours of our Student Learning Support Officers (SLSO) so that they are all full time therefore supporting all students with additional learning needs

sustain the alternative educational program offered at the Manning Valley Learning centre (in conjunction with Taree & Chatham High Schools).

Employ an additional SLSO to provide living skills programs to students with additional learning needs transitioning to post school life



Also as a result of Gonski funding we have been able to purchase a new student record software system called SENTRAL. This week we have switched over to SENTRAL where we will manage all student welfare, attendance, reporting, learning support, medical and extra curricula information (just to mention a few).

In the near future both a student and parent 'kiosk' will become available allowing students and parents to access up to date information connected to their child such as their timetable, attendance record, commendations, semester reports as well as book interview times for Parent Teacher interviews, 24/7 via the web. We will let all parents know when this becomes live.

An important element of our plan to reinforce the culture of learning at Wingham High School this year is creating a PLP for each and every student. These PLPs will set out learning goals and aspirations for each student. This year we will be sending a copy of this PLP home with the end of year school report. In future this PLP will be available to parents and students via their SENTRAL kiosk. The PLPs will be reviewed at the beginning of each year and at other key milestones throughout the year such as subject selection times for the next year.



CAREERS NEWS

A **Post School Options Workshop** was organised by Heidi Prowse from The Smith Family and was held on Thursday 5th November at Club Taree. The topics included in the workshop related to goal setting, values, self-esteem, work/study balance, money matters, etiquette and interview tips/strategies.

The Post School Options Workshop was attended by 31 students who are beginning their Year 12 journey. The day ties in nicely with a lot of programs currently running at Wingham High School to build the aspirations of our students. There are so many pathways and options for students these days so it is important that students are given as much information as possible to make a considered and informed decision. Exposure to a range of presenters on a range of topics is extremely valuable.

The students and staff of Wingham High School appreciate the time and effort put in by Heidi and the presenters to make the day such a success. We would like to acknowledge the support of Heidi Prowse and The Smith Family to make this day possible for our senior students. We look forward to a continuing association with The Smith Family so that future students can also benefit from such workshops.

The Southern Cross University Excursion for Year 12 students was held on Tuesday 20th October. Six students participated in the excursion to the Coffs Harbour Campus of SCU to learn about course options and more about university life. University visits are an excellent opportunity for students to make informed decisions about their future tertiary study by having exposure to a variety of universities. Thanks so much to Mrs Harrell who accompanied the students to Coffs Harbour in my absence.

The next excursion will be to the University of Wollongong in February, then the University of New England in May and then the University of Newcastle in June. All of the universities do have Open Days so it is worth taking a trip as a family to investigate university and course options if your child is interested in a university that we do not conduct excursions to.



MAKE ONLINE PAYMENTS

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting

\$ Make a payment

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the \$ Make a payment you must enter:

- the students name, and
- class and reference number OR
- the students name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the
School Administration Office.

Year nine creative arts students from Wingham High School are continuing to work with the two local primary schools on the event *Winter Wonderland – Under Wraps*. Commenced last term with Visual Art students teaching grade fours in a variety of art skills this time it is the work of Music and Drama students. These talented students are giving Years 4, 5 and 6 from Wingham Brush School and K1 from Wingham Public School the opportunity to experience Music, Dance and Drama. Under the instruction of their teachers Stacey Harrell and Marilyn Kendall the high school students are also learning leadership, communication and initiative in their tutoring efforts. “It is important that the Wingham community is aware of the many opportunities our local high school has to offer students.” Mrs Harrell said

Each Friday afternoon for six weeks the high school students will train the primary children for an hour of intensive workshops. The final delivery of their efforts will be incorporated into a play written by Year nine Drama student Travis Crss. Performances to be held on November 19th and 20th and also will involve work from senior Drama and Music students. The event is certain to be thoroughly engaging for all audiences.

Travis Cross, Abbey Drury, Maddie Barwell, Annabell Hansen, Bethany Carter, Jess Ray, Kate Bevitt, Taylah Wood instructing students at Wingham Primary School



Continuing to bridge the gap between the high school and its feeder primary schools will be the work of **Year ten Music** and Drama classes. These students are creating a travelling show based around the work of Roald Dahl’s revolting rhymes. Written and edited by the students *A Smelly Situation* brings together many fairytale characters all looking to blame someone else for an unusual smell. Currently under rehearsal the play will be taken to the two local public schools with the smaller schools being invited to a performance at the high school in early November.

Year 9 and 12 Drama students enjoyed the expertise of an acting tutor from Sydney Belvoir St Theatre in the school’s creative arts centre. Anna, who studied at NIDA and spent a year in training in Paris, was able to give the students new skills to look at ways to develop improvisation. Both years will be needing to use their improvisation techniques when they set about building plays next year. All students thought the two hours was most informative and it was great to have the tutor come to Wingham High School cutting down on the cost and travel time.



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Congratulations to **Year 12 Music** student Jack Donohue on being nominated for OnStage, the best of 2015 HSC Music students. Jack will now have to record all his HSC pieces and send them in for the final selections. His school Music teacher Mrs Stacey Harrell is very excited for Jack and this opportunity. This is the third time Stacey has had a student nominated for this annual event.

2015/16 Student Representative Council has recently been given badges, inducted and had their training day. During the day the thirty five students from year 8 to 12 got to know each other and worked in small groups to understand some of the leadership skills they will have to put in place throughout the next year. Brainstorming ideas and setting up the SRC as a business were two of the main activities while being interspersed with games. The SRC plays an important role in leading the students in social and cultural activities and representing the school within the community. The group meets every morning and is co-ordinated by Miss Julie Leslie and Mrs Marilyn Kendall.

Captains Jai Harrison, Grace Callaghan with Brianna McCann and Bec McMaster



Dimity Bartlett, Tallulah Greave, Maddie Barwell, Makeely Blanch



ATTENDANCE

Regular Attendance by students is recognised as the basis upon which a student acquires access to a good education.

State Legislation requires that all children between the ages of 6 and 17 years are enrolled at a state or registered school and for them to attend school on each day that the school is open for instruction.

The Department of Education operates a School Liaison Program.

Home School Liaison Officers are teachers with a range of educational and professional experiences with expertise in the area of student welfare.

A Home School Liaison Officer, together with a member of staff, will be interviewing identified children with attendance problems.

Then following criteria will determine whether your child is interviewed:

- An attendance rate lower than 85% and
- More than 3 unexplained absences of
- A regular pattern of absences or
- Extended periods of illness.

I am sure that you will support us in this important area of student welfare.

We are hopeful that this process will improve that level of attendance of identified children.

SOUTHERN CROSS UNIVERSITY INFORMATION DAY



Southern Cross University is please to extend an invitation to attend one of our Info Days at the campus of your choice. SCU Info Day will provide the opportunity to find out more about our courses, university life and the types of services and support SCU offers to help students achieve their potential. You are welcome to bring along friends and family to explore our beautiful campuses and facilities, meet our staff and student ambassadors.

Coffs Harbour campus, December 7, Lismore campus, December 9 and Gold Coast campus, December 11.

More information is available on the SCU webpage: <http://scu.edu.au/scuinfoday>

Craft for Teens

Christmas Mania

Girls aged 12 to 18 years

Don't be left out on a limb

Go crafty for Christmas

Make cards, Christmas decorations
And more

Mondays 4.15 - 5.45

Monday 23 November 2015

Monday 30 November 2015

Monday 7 December 2015

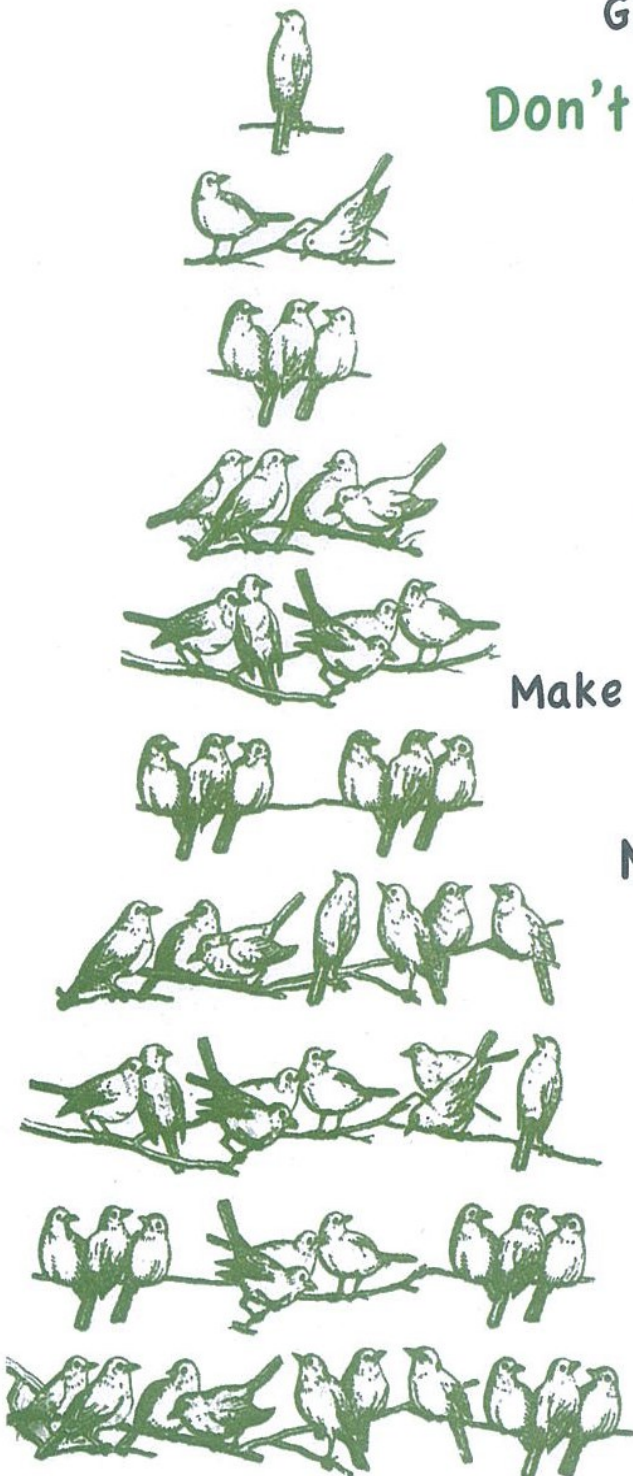
Monday 14 December 2015

St Matthews Anglican
Church Hall

Wingham

COST: \$10 per week

Afternoon tea will be provided
Limited places so let us know your coming





Short term and long term Foster Carers are *needed*

Catholic Care has extended its Out of Home Care program to the Manning, Great Lakes and Gloucester Regions.

Catholic Care provides full training and 24 hour support to assist you in your foster care journey.

Phone: 6539 5900

32-34 Pulteney Street

Taree

www.catholiccare.org.au

FREE INFO

SESSION

Call today

to register



YEAR 12 2016 – FUNDRAISING CHARITY

The new Year 12 cohort have decided on their charity that they will spend the next twelve months raising money for. This charity is **SOLDIER ON**.

Soldier On supports Australian service men and women who have been wounded, physically or psychologically in contemporary conflicts. This includes conflicts after 1990, as well as serving members who were wounded in training or other exercises and individuals working for other Government agencies (DFAT, AFP, Customs). They are not part of the RSL, Legacy or the Department of Veterans Affairs, but work with these organisations to support Australia's young service men and women.

Soldier On does this in several different ways, in an effort to make a financial, physical and emotional link with those who have been wounded. They work to help four areas - enhancing rehabilitation, adventurous events, community events, and employment and education

Year 12 have already started fundraising and have formed a committee dedicated to organising events throughout the year. They are a very committed group with extremely creative ideas. Stay tuned for announcements of fun events and ways you can assist Year 12 in raising money for this very worthwhile charity.



WINGHAM HIGH SCHOOL CHESS CHAMPIONS



The Sydney Academy of Chess ran the Interschool Chess Gala Day at Great Lakes Forster Campus on Tuesday 20th of October. Seven rounds of chess were played; with each win gaining one point for your school's team. The winning school was determined by adding the 4 highest scorers from each school. Players were given 15 minutes to defeat their opponent as chess clocks counted down the allotted time. The Wingham High team of Isaiah Hardy, Ryan Siegel-Hensen, Bryceon Xuereb and Kye Gregory valiantly battled throughout the day and won a majority of their games. Isaiah Hardy was undefeated; he won all of his games. For the second year running, with a team score of 22 points Wingham High School won the competition. Wingham High School Chess team are always happy to travel to exotic locations, meet the local inhabitant, slaughter pawns, bash bishops, crash castles and win chess tournaments.

Brian Byrne
Teacher Librarian

Good afternoon,

Set Sail Aboard the Tall Ship Young Endeavour!

Applications are now open for the 2016 [Young Endeavour Youth Development Program](#). Encourage young Australians in your community to set sail for an adventure at sea aboard the national sail training ship *Young Endeavour*!

Young Australians aged 16 to 23 can apply for voyages at www.youngendeavour.gov.au. Youth Crew are selected by ballot, and no sailing experience is required. First round applications close on 10 October 2015.

In 2016 *Young Endeavour* will sail in Western Australia, South Australia, Victoria, Tasmania, New South Wales and Queensland. 24 youth will join each eleven or twelve day voyage, and will learn the skills to sail a square-rigged tall ship. They will keep watch and take the helm, cook in the galley, navigate using the ship's charts, and climb the 30 metre mast to set and furl the sails.

Each participant will be encouraged to pursue personal and team goals and challenges. By the end of each voyage they will have the skills and confidence to elect a command team and take command of the 44 metre brigantine, sailing *Young Endeavour* along the Australian coast.



"Voyages in *Young Endeavour* develop skills for life," says Young Endeavour Youth Scheme Executive Director Stephen Moss. "The youth development program delivered during each voyage increases self-awareness, fosters a strong sense of community spirit, and develops character, confidence, teamwork and leadership."

"No matter where you sail, your voyage in *Young Endeavour* will be challenging and exhilarating – an amazing experience you will remember for the rest of your life!"

Young Endeavour is operated by a professional Royal Australian Navy crew who ensure the highest standards of safety and care, and teach the youth crew the skills they need to sail the ship.

19 year old Lauren Rogers of Aberfeldie, Victoria, first sailed *Young Endeavour* in 2012, and recently joined the crew for the Tall Ships Races in Europe.

"*Young Endeavour* pushed me out of my comfort zone and made me realise I can achieve so much more than I ever thought I was capable of", says Lauren. "Like climbing the mast in the middle of the night in the howling wind and rain. Facing these challenges is part of what makes the experience so rewarding."

"I met the most amazing people, made friends for life, learnt many new skills and so much about myself, and had a whole lot of fun. I loved every minute, and would do it all over again tomorrow".

Since 1988 the Young Endeavour Youth Scheme, in partnership with the Royal Australian Navy, has provided challenging training voyages for more than 12,000 young Australians in the tall ship *Young Endeavour*.

For more information, including voyage dates and fees, please visit www.youngendeavour.gov.au or contact our office on 1800 020 444. You are welcome to include this information in your school newsletter or website.

Encourage your students to [apply now](#) for the voyage of a lifetime in *Young Endeavour*.

Regards,

Young Endeavour Youth Scheme

T: 1800 020 444

E: mail@youngendeavour.gov.au

W: www.youngendeavour.gov.au

F: facebook.com/YoungEndeavourYouthScheme

WORKERS IN MIND

*mental health
month*

As a worker are you mindful of your own mental health?

As an employer do you refer to best practice strategies for minding the health and wellbeing of your team?

FAY JACKSON



Come and hear Fay, General Manager Inclusion with RichmondPRA and Deputy Commissioner of the NSW Mental Health Commission talk about ways to support and manage mental health in the workplace.

**Manning Uniting Church
29 Albert Street, Taree
Thursday 29 October 2015
10.30am to 12.30pm**

**RSVP - RichmondPRA 9393 9415
This is a free event**

**Proudly presented by
RichmondPRA
Break-Thru Family Mental Health
Service
The Benevolent Society**

SAVER PLUS HAS RE-OPENED IN THE TAREE AREA



**Is your child at school or starting school next year?
Would \$500 assist you with education costs?**

**Join Saver Plus and match your savings, dollar for dollar, up to \$500
for educational costs including:**

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

**You may be eligible if you have a Health Care or Pensioner Concession Card,
are at least 18 years old, have some regular income from work (you or your
partner) and have a child at school or study yourself.**

For more information

Phone or SMS your name and postcode to 1300 610 355

Email: saverplus@bsl.org.au

*Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered by
The Smith Family in Greater Taree. The program is funded by ANZ and the Australian Government.*

**Uncover Australia's
dark secret.**

**25 November is
White Ribbon Day.**

**Help stop violence
against women.**

www.whiteribbon.org.au

**Australia's campaign to
stop violence against women**

White Ribbon





Forster Public School
Kitchen Garden Program
Fundraiser

SPRING MARKET & Car Boot Sale

SATURDAY 14th NOVEMBER
Forster Public School Oval
8am - 12 noon



Loads of Market Stalls, Car Boot Stalls,
Coffee and Food stalls, Music as well as
great entertainment for the kids
including

THE PARTY PROFESSIONALS
with **GIANT SLIDE, VELCRO
WALL & GIANT CASTLE**

Bring the family along for
breakfast, bag a bargain and
have a great day out.



**To book a site or for more information please contact
Trina on 0431420366 or email patrina.smith3@det.nsw.edu.au**

WANTED

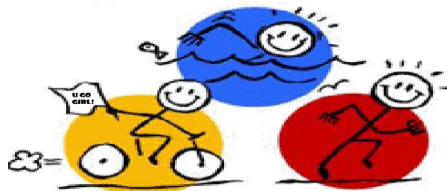
If you have buckets like this that you throw away the Music Department would appreciate it if you could donate them to us.



2015 CHRISTMAS STREET CARNIVAL



Wingham Chamber of Commerce is getting excited about the 2015 Christmas Street Carnival. This year it will be held on ***Thursday 10th December from 5:00pm—9:30pm.***



PORT MACQUARIE TRIATHLON CLUB
Enriched Health Care-
CAMDEN HAVEN TRIATHLON FESTIVAL

21st and 22nd of November 2015

For entry forms and fees visit www.portmactriclub.com.au

or contact Nathan Pensini on 0402068186

Saturday 21st of November

1km ocean swim --**12pm(15 y/o and over)**

LUSC junior aquathlon (6-10 yr olds) and triathlon (11- 15 yr old)- **From 1pm**

A bike to be won as a random prize

Sunday 22nd of November- 7am start

Enriched Health Care senior triathlon –
600m swim/28 bike/6.5km run

Over \$3000 combined in prize money and random draw prizes

Fighting back against ICE

HOW TO HELP?

Knowing what to do when a person badly reacts to drugs could save a life in those first moments of an emergency situation.

Call 000 (Triple Zero) and ask for an ambulance if a person is having a bad or unusual reaction to drugs.

Nobody knows how an individual will be affected by drugs. The affects of drugs are unpredictable.



PANIC ATTACKS

Paranoia, anxiety and hallucinations brought on by illegal drugs can result in panic attacks.

Some of the signs:

- shaking and sweating
- chest pains and difficulty breathing
- faster heart rate
- fear of death
- dizzy and headaches
- 'zoned-out' and non-responsiveness.

What to do

- give reassurance, try to keep calm
- get away from crowds and bright lights
- relax with slow, deep breaths
- if unconscious, call 000 and follow the DRS-ABCD life support chart (see opposite page).

OVERHEATING AND DEHYDRATION

Stimulants such as ecstasy and methamphetamine increase body temperature. Drinking alcohol causes further dehydration.

Some of the signs:

- feeling hot, unwell, lethargic, faint, or dizzy
- inability to talk properly
- headache
- vomiting
- inability to urinate or urine becoming thick and dark
- not sweating even when dancing
- fainting, collapsing, or convulsing.

What to do

- go somewhere cool and quiet
- slowly sip cool water
- replace salts
- try to get cool
- if no improvement get first aid, call an ambulance or go to the emergency department.

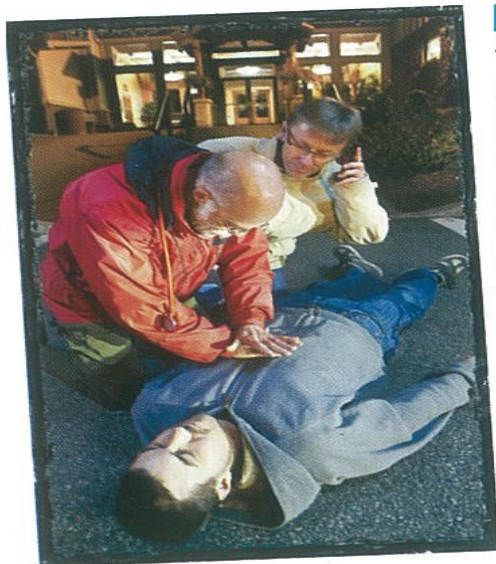
FITS OR SEIZURES

Taking certain drugs and consuming large amounts of alcohol can cause a fit or seizure.

What to do

- call an ambulance
- remove harmful objects from the area
- loosen tight clothing
- protect the head
- once the fit has finished, check breathing and place in recovery position.

If a person collapses it may be necessary to perform cardiopulmonary resuscitation (CPR, see opposite page). This will keep circulation and provide the brain with oxygen and glucose.



Fighting back against ICE

Parents and guardians can help

Protecting teenagers and even older family members from drug abuse and related issues is what parents and guardians want for the people close in their lives.

Set a good example

Be a role model. Avoid contradictions in your words and actions. Don't say one thing and do another. Try to have a positive influence. What you do and say will have an impact.

Get involved, stay involved

Spending time with your children will have a positive influence. Make time to be there for them. Show an interest in their sport, interests and hobbies. Family time is important.



Open the lines of communication

Always be ready and willing to talk with your children. Getting them to share their thoughts, feelings and what is happening in their day-to-day lives should be encouraged. Showing you care and value their opinion is a big step forward.

Starting a conversation

- **Tell them you care** Highlight their qualities and let them know they are valued and respected.
- **Show support and trust** They can depend on you. Ensure them any talk will be confidential.
- **Do your research** Gather information about the drugs you think they may be using.
- **Have a time and place to talk** Ensure their privacy with no interruptions.
- **What is their knowledge of drugs** Never assume what they are doing. Ask the question about their thoughts on drugs.
- **Get ready for a negative reaction** Remain calm, understanding and reasonable. Best to avoid an argument.
- **Never judge them or tell them what they should do** You want them to keep listening, so best to avoid a lecture.

CANTEEN ROSTER

MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2015	2nd Kay Brauer Marie Reeve	3rd Mere Males ... Ken Cameron Allen Skinner	4th Julie Page Marie Reeve	5th HELP NEEDED PLEASE!!! Jeffrey Ritchie	6th Marie Reeve HELP NEEDED PLEASE!!!
	9th Marie Reeve HELP NEEDED PLEASE !!!	10th Caroline Weekes HELP NEEDED PLEASE !!!!	11th Marina Kmet Marie Reeve	12th HELP NEEDED PLEASE!!! Linda McKenzie	13th Marie Reeve Julianne Webster HELP NEEDED PLEASE !!
	16th Marie Reeve Joyce Cummings HELP NEEDED PLEASE!!!	17th Robert Allan Leanne Foster	18th Lauren Robertson Judy Abdoo Marie Reeve	19th HELP NEEDED PLEASE!!! Jeffrey Ritchie	20th Marie Reeve HELP NEEDED PLEASE!!!! HELP NEEDED PLEASE!!!!
	23rd Marie Reeve HELP NEEDED PLEASE!!!	24th Caroline Weekes Verlie Blackmore	25th Marina Kmet Judy Abdoo Marie Reeve	26th Anne Munns Mary Pilotto	27th Jenny Lambourne Pat Skinner Marie Reeve
November 2015 December 2015	30th Kay Brauer Marie Reeve	1st Mere Males ... Ken Cameron Allan Skinner	2nd Julie Page Judy Abdoo Marie Reeve	3rd HELP NEEDED PLEASE!!! Jeffrey Ritchie	4th Marie Reeve HELP NEEDED PLEASE!!!

ALLERGY REMINDER

Thank you all for your cooperation and vigilance
with not including
peanuts and peanut products in students' lunch boxes.

Remember:



TERMS 2 & 3 WINGHAM HIGH SCHOOL CANTEEN WINTER MENU

HOT FOOD	COLD FOOD	DRINKS
<div>Low fat Plain Pie</div> <div>Low fat Flavoured Pie (<i>Potato or Cheese & Bacon</i>)</div> <div>Low fat Sausage Roll</div> <div>Pizza Rounda's</div> <div>Chicken & Corn Rolls</div> <div>Chicken Nuggets (5)</div> <div>Spicy Chicken (various)</div> <div>Chicken & Gravy Roll</div> <div>Fish Cocktails (5)</div> <div>Oodles' of Noodles (<i>Beef stir-fry with Noodles</i>)</div> <div>Nacho's</div> <div>Hot Dogs</div> <div>Spaghetti & Meatballs</div> <div>Fettuccini & Carbonara Sauce</div> <div>Hash Brown</div> <div>Ham & Cheese Croissant</div> <div>***Homemade Soup (small roll 40c extra)</div> <div>***Baked Chicken Dinner</div> <div><i>Keep watch for More and exciting foods coming soon</i></div> <div><i>Items marked with *** Means not available until later on in the term.</i></div> <div>Spinach and Cheese Roll</div> <div>Veggie Bake (<i>broccoli, cauliflower, sweet potato, carrot Potato and pumpkin in a cheesy French onion sauce</i>)</div> <div>Pasta and Sauce (<i>tomato</i>)</div> <div>Veggie patty</div> <div>Roasted Warm Potato salad (lunch only)</div>	<div>Salad Subs (<i>white or wholemeal</i>)</div> <div>All Sandwiches (<i>white or wholemeal</i>)</div> <div>Salad Wraps</div> <div>Salad wraps with Chicken or Ham</div> <div>Salad box with egg</div> <div>Salad box with egg Chicken or Ham</div> <div>Chicken Winter Salad</div> <div><i>Salads consist of, lettuce, tomato, beetroot, onion, cucumber, carrot and low fat Cheese.</i></div> <div>ICE CONFECTIONS</div> <div>Paddle Pops</div> <div>Splice</div> <div>Icy twist</div> <div>Mini callipo</div> <div>Cyclones</div> <div>Frozen yoghurt</div> <div>Paddle Pop Thickshake</div> <div>Low fat Ice Cream Cup</div> <div>Quelch Stick</div> <div>Frozen Juice Cup</div> <div>TNT Sour Pop</div> <div>Frozen Jelly Sticks</div> <div><i>CANTEEN is Open from 8.30 every morning for your convenience, please enter through side door. REMEMBER to Order your lunch/recess your guaranteed to get what you want, and it saves time in the line.</i></div> <div><i>NO Heating up of food not purchased through the canteen. NO hot water will be given out.</i></div> <div><i>NO Students in the canteen through lunch or recess NO excuses</i></div>	<div>All Juices</div> <div>Large Bottles Flavoured Milk</div> <div>Small Bottle Flavoured Milk</div> <div>Just Natural Flavoured milk</div> <div>Plain Milk</div> <div>Orange Mango Mineral Water</div> <div>Solo Bottle Diet extra lemon</div> <div>Up and Go Small</div> <div>Up and Go Large</div> <div>Glee (Carbonated Juice)</div> <div>Iced Tea (lemon, Peach, green, mango)</div> <div>Cool Ridge Berry Water</div> <div>600ml water</div> <div>750ml Water</div> <div>Hot Chocolate</div> <div>SNACKS</div> <div>Famous Wingham High Muffin</div> <div>Mousse</div> <div>Yoghurt Muesli custard cups</div> <div>Sunfruits</div> <div>Ovaltinees</div> <div>Cough drops eucalyptus</div> <div>Jelly sticks</div> <div>Chips 28grm</div> <div>MISCELLANIOUS</div> <div>Aprons Blue OR White</div> <div>OHS Packs (apron, goggles, ear plugs, dust mask)</div> <div>Visual Arts Diaries</div> <div>Exercise books 128 page</div> <div>\$1.00</div> <div>\$7.00</div>