

## PRINCIPAL'S REPORT

We are almost at the end of Semester 1 and many great things are happening around the school and in the community. Our Ag Show team students excelled once again across Beef Week with Jonty Hemmingway achieving outstanding results in almost every category she entered. All the results and details can be found in the Beef Week report in this newsletter.

Wingham High School P & C have been busy coordinating a Community Drugs forum in the Town Hall. Guest speakers included representatives from the Police, Community and Mental Health, and Drug and Alcohol teams.

The Wingham Community Public Education Sesqui-Centenary committee have also been very busy organising the many events for the celebration of 150 years of Public Education in Wingham. Wingham High School P&C will be providing a BBQ breakfast at the school on Sunday morning. During this time the school will be open for visitors to take a look at many of the new facilities including the two Trade Training centres.

Recently two of our Year 10 students, Jai Harrison and Grace Callaghan featured in the Local Focus magazine. Grace and Jai are wonderful musical performers as well as active members of our SRC. It is great to see them get community wide recognition for their talents.

Daniel Stocks returned triumphant from the recent Australian Gymnastics Championships gaining 1<sup>st</sup> place for Short Track Tumbling in the under 17's division. Well done Daniel, another Australian champion emerging from the Manning Valley. Also representing the Manning was Ivan Jarvis who performed well prior to sustaining an injury. Our congratulations go to both students.

I am pleased to also announce the appointment of Ms Clair Twaddle to the staff at Wingham High. While Clair has been here for some time now, she has gained permanent status. She is a most welcome addition to our staff. Clair replaces the recently retired Mrs Pam Riall.

Another retirement from the school is Mr Peter Dixon. A replacement is being sought for him through staffing. WE wish him all the best in his retirement.

Further changes to staff include the merit appointments of Mrs Kay Frankcombe (commencing in term 4) and Mrs Jenny Sedgwick (commenced in term 2) to Chatham High School as Head Teacher English and Head Teacher Support respectively. Both Kay and Jenny have contributed positively and professionally to the school for many years and will be greatly missed.

Mrs Karen Smart is temporarily replacing Mrs Sedgwick as Learning & Support Teacher for Years 7, 9 & 11 for the rest of the year. Full time replacement s for both positions are also being sought from Staffing.

## WINGHAM BEEF WEEK



The 2014 “Day at the Farm” for local primary school students was held again this year on 12<sup>th</sup> May and involved 120 local primary school students. The primary students were guided by members of the current Wingham High show team with helpers through eleven different learning tasks. These involved show cattle preparation/judging, animal care and poultry husbandry.

The students were able to gain some insight in to how the school farm functions and the concepts of where some of their food products come from.

The students all enjoyed a barbecue lunch and were able to travel to the school’s Bottom Farm and view our major asset for cattle production.

Mr John Surtees drove the school bus and gave the students a historical view of our piece of paradise at the Bottom Farm.



Thanks must be given to the community volunteers who supported the day and helped in a variety of roles to make it a successful day for all involved. Also, thanks must be given to Emily Holden who developed the day’s program with Mr Hawkins and Mrs Maree Gilbert for helping to organise the catering for the barbecue.

The Wingham students went on to produce excellent results in the main Beef Week activities held at the showground.





John Hawkins

### **WINGHAM BEEF WEEK**

This year's event was a great success with the week's activities beginning at our WHS Top Farm hosting the annual Primary Schools "Day at the Farm." The show team and other local helpers hosted 120 primary school students and rotated them through a range of activities involving the schools cattle/ sheep and chooks/ tractor. The schools bus was used to move groups to the bottom farm for a tour and talk given by Mr John Surtees. This day gives Primary School students an idea about what's on offer in Agriculture at Wingham High School and an understanding of where their food came from. The weather was a little overcast but it held out all activities and finished the day with a downpour which was great and much needed. This group of students munched through close to 300 sausages from the barbeque which was staffed by community members and students. Emily Holden needs special thanks for organising this day with Mr Hawkins.

After "the Day at the Farm" the WHS students had to pack all their gear and show equipment and cattle to head up to the showground for the main "Beef Week" activities. The BBQ for all the outside schools and other competitors who were camping managed to chow through another 300 sausages.

Each day at the showground had a different set of activities from the education talks to our judging and parading and through to the Thursday which contained the introduction to a new and improved form of our "Beef Appreciation" competition hosted by MSA/MLA ICMJ and the use of the 'Wingham Beef Export Abattoirs' facilities. The students that had entered the competition had to judge 2 sets of carcass classes and a set of primal along with a class of retail cuts and primal identification in a formal setting.

On Friday students were able to tour the chillers at the abattoirs to view their animals' carcasses and compare them to the results of the finished product.

Wingham High had a great success in a range of events over the duration of Beef Week. All the show teams' supporters were very impressed with their achievements and behaviour over the course of the week.

Our results are as follows.

In the judging on Tuesday it was the beginning of our successful week.

In the 12 and under Arron Walker placed 3<sup>rd</sup>

In the 14s Melinda Marion received 1<sup>st</sup>

In the 15s 3<sup>rd</sup> went to Teanna Peckett 2<sup>nd</sup> we had Kate Stocks and 1<sup>st</sup> was Brooke Anderson and Champion Junior Judge

In the Paraders on Wednesday it was another successful day for WHS.

In the 12 and under we had Arron Walker placed 1<sup>st</sup>

In the 15s we had Brooke Anderson placed 3<sup>rd</sup> Cassey Williams and Tom Butler received Highly Commended

In the 16s Jakob Osmond achieved 2<sup>nd</sup> in his age bracket

And in the 17s Jonty Hemmingway placed 3<sup>rd</sup>

On the Friday it was the presentation for all other awards that had been judged over the week.

In the ICMJ judging:

In the intermediate Judging for retail cuts and primal identification runner up was Kate Stocks and Champion Individual was Brooke Anderson. In the Beef Judging runner up was Jeremy Osmond

In the senior division for Retail cuts and primal Identification was a 3 way tie for Champion Individual 2 of which were WHS students getting perfect scores these students were Jonty Hemmingway and Victoria Lee. Jonty Hemmingway also got Champion individual Beef Judging

For the team awards champion teams for both beef judging and retail cuts and primal I.D went to Wingham High School with team members being Jonty Hemmingway, Victoria Lee, Emily Holden and Brooke Anderson.



In the Beef Appreciation Champion Individual went to Jonty Hemmingway and Champion Team of 4 went to WHS made up of Emily Holden, Victoria Lee, Jeremy Osmond and Jonty Hemmingway.

Other awards include

Overall Best Competitor that went to Brooke Anderson.



**Brooke Anderson**

Champion  
Individual Junior  
Judge

With judges Nigel  
and Casey  
Weekes

Tom Woolard Memorial Award that went to Emily Holden

16 and under Herdsperson 3<sup>rd</sup> went to Victoria Lee

And carcase results are as follows. Jasper a Murray Grey got 2<sup>nd</sup> in lightweights. Ivan a Murray Grey x Simmental placed 3<sup>rd</sup> in lightweights and Ice a Charolaise Angus x Charolaise Angus placed 4<sup>th</sup>.

A huge thankyou to all parents and supporters without the continued support from such people events like this wouldn't happen for Wingham High School.

Victoria Lee

### **SINGLETON JUDGING COMPETITION**

On Friday 9<sup>th</sup> May Agriculture students, Jonty Hemmingway, Jakab Osmond and Nikitta Gallagher travelled to Singleton to compete in the Singleton Junior Judging Competition. This is a state-wide event focussed just on judging beef cattle and learning new tips from world class judges. There were approximately 200 students from different primary and high schools around NSW.

Students were split into four groups to judge a set of four steers, four bulls, four heifers and identify about 10 sets of seeds, grasses etc.

Results came back and Wingham High was fortunate enough to 'clean up' on the day, winning Overall Champion Team consisting of overall scores by Jonty, Kate and Nikitta. We also won a steer to go to the school for students to work on and help with future skills.



Jonty Hemmingway was also fortunate enough to win Champion Individual judge.

Kate, Jonty and Nikitta also got the amazing opportunity to compete in another competition with the chance to win a beautiful little Angus heifer. For this competition students had to prepare an essay explaining why we would love to have this heifer on our school farm, what we would do with the heifer and how our school farm works etc.

They also had to go in a sit down interview with 3 judges and explain the same sort of thing as on the essay. The judges were astounded by Wingham High Schools farm and students and we were lucky enough to win this competition, picking up a very nice young heifer.

Students left singleton happy after a very successful day.

Kate Stocks – Year 10

### **SYDNEY ROYAL SHOW 2014**

Wingham High School Agriculture Show Team has recently returned from Sydney Royal Show.

April is always a busy month for the Ag Show Team as it is Sydney Royal Show Time! This year 12 students represented Wingham High School in Sydney and certainly brought great credit to themselves and their school.

This year we exhibited 4 steers, 2 Woolworths Trade Steers and 2 Simmental Steers in the prestigious Purebred Competition. One of our steers was awarded a Silver Medal in the carcass component for the competition, which is certainly a significant achievement when one considers there were over 300 cattle competing on behalf of State, Catholic, Independent and Private schools as well as Commercial and Stud farms from all over the state.

Our students were also well represented with Jonty Hemmingway achieving a Highly Commended Award in the State Parading Final and Nikitta Gallagher making her way to the final 32 competitors in the State Judging Finals.

Special thanks go to Mr Reg Brood and Glynn Gallagher with their help in transporting students and cattle.

Wingham High School  
Agriculture Show Team



**Year 12 at Wingham Export Abattoir doing their product study tour.**

## CAREERS NEWS

Just letting you all know some Careers news that has been going on over the past two weeks.....

- 1 I took 14 Year 12 students to the UNE Open Day last week. We went with students and staff from Great Lakes College, Buladelah Central School and Gloucester High School - 40 students in all. It was a pleasure taking away such a lovely group of students.
- 2 Year 12 Careers Interviews were held on Tuesday and Wednesday this week - a lot of the students seem to have some plan for their future which is promising. Still need to do some catch-ups.
- 3 **Jake Cornish** looks like picking up a traineeship at Manning River Steel. Thanks to Donna for her help with this. We saw Jake in action and he seems to be happy with his work.
- 4 Year 10 Work Experience - a number of students have been out so far in a range of businesses including : Taronga Zoo, Bass n Blues, McGraths Meats, Wingham Pre-school, Wingham Produce, Chatham Public, Cubbyhouse, NIDA, Wingham Plaza Butchery and Lasting Impressions. Some of these employers have already had 2 of our students. The students have represented us well - very positive comments from visits and phone calls. Of particular note are: **Hayley Watt** who went to NIDA - thoroughly enjoyed herself and got an excellent report and **Kiah Murray** who went to Lasting Impressions (Hairdresser). The employer said that if she had an apprenticeship going she would offer it to Kiah as she was so impressed with her.

Shirley Clissold  
Careers Adviser

### JAMIE OLIVER AT WINGHAM HIGH SCHOOL

Wingham Chronicle Article 16<sup>th</sup> May 2014

CHARISMATIC celebrity chef Jamie Oliver really was larger than life at Wingham High today (Friday). For Food Revolution Day, a cooking class hosted by Jamie was projected onto a large screen in the school and all year ten food tech students took part.

Wingham High was one of 150 schools worldwide picked to take part in the Guinness World Record for 'Most participants in a cookery lesson in 24 hours (multiple venues).' While most of the rest of the world slept, Wingham High students helped set a new Australian record but will have to wait to learn if the world record has been broken.

The excitement has been building for the past few weeks after students were told of the opportunity. Kitted out in their best aprons and stocked up with donated ingredients from Woolworths Taree, the students all made Jamie's Rainbow Salad Wrap from fresh ingredients.

It was often hard for the students to keep up despite being well organised. Fast talking Jamie gave his instructions from the big screen and the students were in a jovial mood. They had given up their sport time to take part in the challenge but nobody seemed to mind.

Two boys were outnumbered by 18 girls and one student at least was determined to declare her undying love for Jamie, "I've promised Tara Wey I will pledge her love for him on the Food Revolution website," said deputy principal Kim Dixon.

Kim was instrumental in getting the class to Wingham High, she received an email in the holidays from TES, the world's largest network of teachers and teaching resources, requesting a show of interest from schools. Kim replied straight away and put the idea to food tech teacher Claire Twaddle in the new term.

Claire didn't hesitate to grasp the opportunity and her own enthusiasm for the project was only exceeded by that of her students. "They went a little crazy," she admitted at the time.

Though Kim was the one to click reply, she gives full credit to Claire for bringing the chance to the classroom. "Claire is a phenomenal teacher, she's very forward thinking and the kid's adore her," said Kim.

The school was fortunate that supermarket chain Woolworths donated all the ingredients, delivered personally by staff member Rachel Moscatt from the Taree store. Rachel is a former Wingham High student and she was more than happy to help out.

#### **AFRICA COMES TO THE MANNING – WINGHAM CHRONICLE ARTICLE – 22<sup>nd</sup> MAY 2014**



Wingham High year 10 students Abbie James, Taylah Zanardi, Grace Callaghan, Rachel Atkins and Brianna Xuereb with Dorothy Makasa.

Zambian migrant Dorothy Makasa spoke with students of Wingham High today (Thursday) as part of the Africa comes to the Manning festival. Students from years seven, eight and ten were invited to join in the storytelling to learn the craft of telling and writing great stories.

Dorothy calls herself "a grandmother who comes from Zambia" and her stories highlighted the "Ubuntu" (oo-buun-too) theme of the African Festival. A southern African term, "ubuntu" invites participants to share in the belief of a universal bond of sharing that connects all humanity.

Year 10 English teacher Gary Dunbier explained that Dorothy asked the students what they do after dinner. Answers ranged from spending time on Facebook to watching television. Dorothy went on to explain that in her village people don't use these things; instead families get together around the fire and tell stories. "These stories have morals and offer teachings," said Gary. "What Dorothy talked about seemed so natural and right."



“Any opportunity that allows us to connect at any level should be embraced,” said Dorothy adding that even social media can offer people the chance to share stories. Dorothy believes that regardless of our background or differences, we are all connected. We tell and relate to each other’s stories “because we belong.”

### Story-telling sessions

Story-telling sessions have been organised across a wide range of ages and 'life experiences': from students at Wingham High and Taree West Primary School to members of Manning Net, Manning Valley Senior Citizens and U3A. An open forum with Dorothy has been included in the African festival program at the Regional Art Gallery today (May 22) from 2-3.30pm. While the session is free, bookings are required 6553 5121.

The festival aims to raise awareness about African culture and issues faced by African migrants and refugees in Australia, whilst celebrating their contributions to Australia and showcasing the Manning Valley. Full festival program details are available on <http://africacomestothemanning.blogspot.com.au>.

Auspiced by Manning Valley Neighbourhood Services, the second Africa Comes to the Manning festival will promote good news from Africa with colourful, zest-filled activities that celebrate African migrants’ contributions to Australia. The festival is based at Taree’s Manning Art Gallery, with a bounty of free activities for all ages.

### A little more about Dorothy Makasa

Dorothy is now a proud Australian citizen living in Sydney with her partner, who comes from Uganda. As well as being a master story teller, Dorothy writes poetry and short stories, and is developing an interest in drawing. By day she works for Catholic Mission in local engagement and education.

In her spare time, Dorothy is involved in many community initiatives both in Australia and her country of origin. She optimistically shares her experiences about issues affecting Africa through interactive workshops at local schools and community organisations. She is also passionately involved in the Let African Children Learn Association (LACLA [www.laclaust.org](http://www.laclaust.org)), which is committed to enabling children from disadvantaged communities in Zambia to receive an education and break the cycle of poverty.



### Story-telling: African style - 9 June 2014

What better way to learn more about issues affecting Africa than sharing stories with an African storyteller? Students from Wingham High school had the chance to meet Dorothy Makasa, a storyteller with quite a unique style, as part of the *Africa comes to the Manning Festival*.

Dorothy calls herself "a grandmother who comes from Zambia", and her stories of her country and her own journey to Australia transport all to her village, and the drama she presents. As students were invited to join in the storytelling, they also gained insight into the craft of telling and writing great stories.

The story told brought to life the “Ubuntu” (oo-buun-too) theme of the African Festival. A southern African term, "ubuntu" invites participants to share in the belief in a universal bond of sharing that connects all humanity. In sharing her story, Dorothy invited students to help with the “ending”. Dorothy informed the students she has travelled with her story for some 28 years, and yet the story did not have an ending. The session with the three class groups provided Dorothy with a renewed energy to use the ‘endings’ provided by the students, and craft her own conclusion to her story.

A full account of the Africa Comes to the Manning festival can be found on the Facebook page, along with photos from the storytelling session at Wingham High.

<https://www.facebook.com/AfricaComesToTheManningValley>

As well as being a master story teller, Dorothy writes poetry and short stories, and is developing an interest in drawing. By day she works for Catholic Mission in local engagement and education. In her spare time, she is involved in many community initiatives both in Australia and her country of origin. She optimistically shares her experiences about issues affecting Africa through interactive workshops at local schools and community organisations. She is also passionately involved in the Let African Children Learn Association (LACLA [www.laclaaust.org](http://www.laclaaust.org)), which is committed to enabling children from disadvantaged communities in Zambia receive an education and break the cycle of poverty.

Dorothy was most grateful for the support to the LACLA, and to the students for sharing their creative storytelling skills.



## MANNING AND DISTRICT EISTEDDFOD

Performing in the Manning and District Eisteddfod in the speech and drama section gives drama students the perfect opportunity for public performance. Year 9 and 10 students presented in the scripted plays, Year 10 and 11 in the playbuilding and year 12 in monologues while some individual groups undertook duologues.

Year 12 students took the opportunity to perform their individual major works which they will perform for the HSC. Students were split into two groups with Jess Edwards and Taylor Madigan taking out both first places and Eddi Raglus and Sheridyn Dalton the second places. The performances are now ready to make final adjustments using the feedback from the adjudicator and the audience before the HSC.

The year 11 class divided into two groups and used the skills they learned in class and workshops to create and perform 8 minute plays based around the theme “baggage”. While the plays were in different highly competitive sections both were outstanding with one gaining 1<sup>st</sup> place and the other Highly Commended. Gaining first place were Kahlia Foster, Bella Mullany, Llandela Causer, Maddie McKay, Courtney Smith and Amber Hawkins.

Four year ten playbuilding groups were also divided into two sections each against eleven other groups from a variety of schools. All plays were awarded a place with Harry Barwell, Lachlan Wray-Calvert, Amber Grauls and Rubie Moran taking a first. Second, third and Highly Commended were all taken out by Wingham with only a half a mark between each one. The effort put in by the students of this class was certainly well rewarded. 8 Year 10 students rehearsed a play during lunch times and with rarely a time when all were at school at one time these girls did exceptionally well to gain a 3<sup>rd</sup> place in the scripted section. This play will continue to be rehearsed and can be seen in the CAPA performance night of Big Night Out in Term 3.

Year 9 students, while still learning the ropes did well to perform their three plays in the scripted section and all achieved ribbons and encouragement from the adjudicator.

Brianna Xuereb and Rebekah McMaster, Caley Cameron and Dale Flannigan provided great entertainment in the duologue sections and both groups took out second place in their respective sections. These performances along with Brianna’s monologue “The Real Story of the Wolf” can be seen at the CAPA concert to be held this term on June 11<sup>th</sup>. Joel Hedge took out the senior dramatic championship and was also financially rewarded with a Smile Scholarship of \$1000.

Wingham High School students once again assisted the eisteddfod organisers by working back stage, being MC and pencilling (working with the adjudicator). This school is the only school in the district to participate in these areas and it is certainly appreciated by the eisteddfod committee and a credit to the school and its students.

Merilyn Kendall

## HEAD LICE

There have been reported cases of head lice in the school recently. Please be diligent in checking and, if necessary, treating your students.





## INTERSCHOOL CHESS CHALLENGE HELD AT GREAT LAKES COLLEGE FORSTER CAMPUS



It went down to the wire. We went into the final round half a point ahead. Isaiah was the 1st placed individual player and Darcy Byrne 2nd.

Team picture left to right: Brook Todd, Bryceon Xuereb, Macqui Denning, Ryan Siegel-Hensen, Alex Eddi, Darcy Byrne and Isaiah Hardy.



Brian Byrne  
Teacher Librarian



### Wingham High School Terms 2 & 3 Winter Menu 2014



#### HOT FOOD

Low fat Plain Pie	\$3.20
Low fat Flavoured Pie (Potato or Cheese & Bacon)	\$3.50
Low Fat Sausage Roll	\$3.00
Pizza Rounda's	\$2.80
Chicken & Corn Rolls	\$2.00
Chicken Nuggets (5)	\$2.50
Pop'ems	\$2.50
Chicken & Gravy Roll	\$3.00
Fish Cocktails (5)	\$2.80
Hakka Beef Roll	\$2.80
Oodles' of Noodles (Beef stir-fry with Noodles)	\$2.50
Nacho's	\$2.50
Hot Dogs	\$2.20
Spaghetti & Meatballs	\$2.80
Fettuccini & Carbonara Sauce	\$2.80
Chicken & Beef fantastic noodle cups	\$2.50
***Homemade soup with a small Bread Roll	\$2.00
***Baked Chicken Dinner	\$3.00



**Keep watch for More and exciting foods coming soon**  
**Items marked with \*\*\* Means not available until later**  
**On in the term.**

#### VEGETARIAN HOT FOOD

Spinach and Cheese Roll	\$3.00
Veggie Bake (broccoli, cauliflower, sweet potato, carrot Potato and pumpkin in a cheesy French onion sauce)	\$3.00
Pasta and Sauce (tomato)	\$2.50
Veggie patty	\$2.00



#### COLD FOOD

Salad Roll (White or Wholemeal)	\$3.00
All Sandwiches (white or wholemeal)	\$2.50
Salad Wraps	\$3.00
Salad wraps with Chicken or Ham	\$3.80
Salad box with egg	\$3.50
Salad box with egg Chicken or Ham	\$3.80

**Salads consist of, Lettuce, tomato, Beetroot,  
Onion, Cucumber, Carrot and low fat Cheese.**



#### ICE CONFECTIONS

Paddle Pops	\$1.50
Splice	\$2.00
Icy twist	\$1.00
Mini callipo	\$1.00
Cyclones	\$1.50
Frozen yoghurt	\$2.50
Paddle Pop Thickshake	\$2.00
Low fat Ice Cream Cup	\$1.20
Quelch Stick	.60c
Frozen Juice Cup	.60c
TNT Sour Pop	.80c
Frozen Jelly Sticks	.10c

**CANTEEN is Open from 8.30 every morning**  
**for your convenience, please enter through**  
**side door. REMEMBER to Order your**  
**lunch/recess your guaranteed to get what**  
**you want, and it saves time in the line.**  
**NO Heating up of food not purchased through**  
**the canteen. NO hot water will be given out.**  
**NO Students in the canteen through lunch or**  
**recess NO excuses**

#### DRINKS

All Juices	\$2.50
Large Cartons Flavoured Milk	\$3.00
Small Bottle Oak flavoured Milk	\$2.00
Just Natural Flavoured milk	\$3.20
Plain Milk	\$2.00
Saxby's Diet drinks	\$3.00
Solo Bottle Diet extra lemon	\$3.00
Up and Go Small	\$2.00
Up and Go Large	\$3.00
LOL (Carbonated Juice)	\$2.00
Lipton's Iced Tea (lemon, Peach)	\$2.80
Flavoured Water Aroona/focus	\$1.50
Oz water 600ml	\$1.20
H2O 750ml Water	\$2.20
Saxby's 1litre water	\$2.60
Hot Chocolate	\$2.00



#### SNACKS

Famous Wingham High Muffin	\$1.00
Mousse	.60c
Yoghurt Muesli custard cups	\$1.50
Sunfruits	.80c
Cough drops eucalyptus	.80c
Jelly sticks	.10c
Chips 28grm	\$1.00

#### MISCELLANIOUS

USB Sticks 8gig with lanyard	\$15.00
Aprons Blue OR White	\$10.00
OHS Packs (apron, goggles, ear plugs, dust mask)	\$20.00
Visual Arts Diaries	\$7.00
Exercise books 128 page	\$1.00

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## CANTEEN ROSTER

CANTEEN ROSTER	
SCHOOL HOLIDAYS	
SCHOOL HOLIDAYS	
14/07/2014	David Osmond, Marie Reeve, HELP NEEDED PLEASE
15/07/2014	MERE MALES!!! Ken Cameron, Allan Skinner
16/07/2014	Judy Abdoo, Lauren Robertson
17/07/2014	Sandy Osmond, Melinda Murphy
18/07/2014	Jeffrey Ritchie, Leanne Smith, HELP NEEDED PLEASE
21/07/2014	Kay Brauer, Lorraine McGrath, HELP NEEDED PLEASE
22/07/2014	Caroline Weekes, HELP NEEDED PLEASE
23/07/2014	Judy Abdoo, Linda MacKenzie
24/07/2014	Leanne Foster, Robert Allen
25/07/2014	Jennifer Granger, Leanne Smith, HELP NEEDED PLEASE
28/07/2014	Kath Palmer, Lisa Brissett, Liz Fenech
29/07/2014	Christine Donohue, Jean Cameron, Bronwyn Wallace
30/07/2014	Julie Page, Judy Abdoo
31/07/2014	Anne Munns, Mary Pillotto
01/08/2014	Jennifer Granger, Julianne Webster, HELP NEEDED PLEASE
04/08/2014	Joyce Cumming, Marie Reeve, HELP NEEDED PLEASE
05/08/2014	Caroline Weekes, George Greaves
06/08/2014	Judy Abdoo, Lauren Robertson
07/08/2014	Jason Mills, Jeffrey Ritchie, Julianne Webster
08/08/2014	Jenny Lamborne, Patricia Skinner, Marie Reeve
11/08/2014	David Osmond, Marie Reeve, HELP NEEDED PLEASE
12/08/2014	MERE MALES!!! Ken Cameron, Allen Skinner
13/08/2014	Judy Abdoo, HELP NEEDED PLEASE
14/08/2014	Sandy Osmond, Melinda Murphy
15/08/2014	Jeffrey Ritchie, Leanne Smith, HELP NEEDED PLEASE
18/08/2014	Kay Brauer, Lorraine McGrath, HELP NEEDED PLEASE
19/08/2014	Caroline Weekes, HELP NEEDED PLEASE
20/08/2014	Judy Abdoo, Linda MacKenzie
21/08/2014	Leanne Foster, Robert Allen
22/08/2014	Jennifer Granger, Julianne Webster, HELP NEEDED PLEASE
25/08/2014	Kath Palmer, Lisa Brissett, Liz Fenech
26/08/2014	Christine Donohue, Jean Cameron, Bronwyn Wallace
27/08/2014	Julie Page, Judy Abdoo
28/08/2014	Anne Munns, Mary Pilotto
29/08/2014	Jennifer Granger, Leanne Smith, HELP NEEDED PLEASE
01/09/2014	Joyce Cumming, Marie Reeve, HELP NEEDED PLEASE
02/09/2014	Caroline Weekes, George Greaves
03/09/2014	Judy Abdoo, Lauren Robertson
04/09/2014	Jason Mills, Jeffrey Ritchie, Julianne Webster
05/09/2014	Jenny Lamborne, Patricia Skinner, Marie Reeve



## MAKE ONLINE PAYMENTS

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting [\\$ Make a payment](#)

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the [\\$ Make a payment](#) you must enter:

- the students name, and
- class and reference number OR
- the students name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.

## INTERNET SAFETY TIPS FOR TEACHERS & PARENTS

***PC's SHOULD be in a common area of the house NOT IN THE BEDROOM!***

***Parental monitoring is vital – walk past and see what your child is doing.***

- Make sure there is no response to rude or harassing emails. (keep a record in case of further investigation)
- Advise your student/child to immediately exit any site that makes them feel uncomfortable or worried. Basic protective behaviour principles apply.
- If harassment continues....the current email account can be deleted and a new one started. The new email address should only be given to a selected few.
- If receiving harassing messages on MSN - have the sender blocked.



- If you have found inappropriate content about your child or one in your care on a website or are informed about this situation please contact the ISP and or Police or advise the parent to do so a.s.a.p.
- Have a family internet contract and set house rules about what information your child can put onto websites or share with others.
- Be aware the majority of children WILL NOT tell a parent/teacher if bullied or harassed online for fear that they will loose internet access!!
- Make sure that your children understand that they will not get in trouble if they tell you about a problem.
- Parents must learn about the internet with their child – get students to share their knowledge of the internet with their parents in a fun environment
- Spend time online with children, just as you would with many other activities such as sport, board games and walking the dog - learn and explore together
- Install filters and other monitoring/blocking software to minimise dangers. This is already done in schools but advise parents to have up to date filtering software installed at home.
- Know the sites they are accessing to ensure suitability. Filters CAN sometimes fail to protect and can be bypassed by a 'tech savvy' child.
- Learn the lingo so that you can decipher some of the content if required. Advise parents to do the same.
- ABSOLUTELY NO EXCHANGE OF PERSONAL INFORMATION!
- Social Networking Profiles such as MySpace SHOULD BE SET TO PRIVATE.
- MSN contacts and social networking site friends should be people that your child knows in real life. This is one way to reduce possible risks. Anyone can be anyone online.
- Teach children that information on the internet is not always reliable.
- Very close supervision for young children is recommended. There should be a limit to the email correspondence/msn to be a list of friends and family that has been approved.
- Set up an MSN, Facebook, MySpace account....whatever your children use and engage with them online. This also allows you to know how these applications work.
- If your child is playing online games it is YOUR responsibility to make sure that YOU know how to play the game too in case of problems. Play online games together.
- Do not let young children 'google' aimlessly with no supervision. Children need to be taught about search engines and how they work.
- The internet and the various applications are a lot of fun and a wonderful tool.....maximize the benefits and surf safely together!

Please note that this list is by no means exhaustive and that there is no guarantee that adherence to these tips will provide 100% protection or safety for those using the various applications of the internet.

**From Cyber Safety Solutions:** <http://www.cybersafetysolutions.com.au>

## Parents' feedback...

“

I've been receiving support from Parent Line over the last couple of months. I've listened to what the counsellors said and things have worked out. **You guys have turned a bad situation into an amazing opportunity.**

I'm so grateful for Parent Line. **You've been there for me, so I could be there for my kids.**

As a new Mum I was totally overwhelmed and lost. **Parent Line helped me to find my feet and get the support I needed** so that I can be the best Mum for my daughter.

**This service is amazing.** In a time of family crisis we received immediate support and professional counselling. **They were realistic and understood how hard it is raising teenagers.**

”

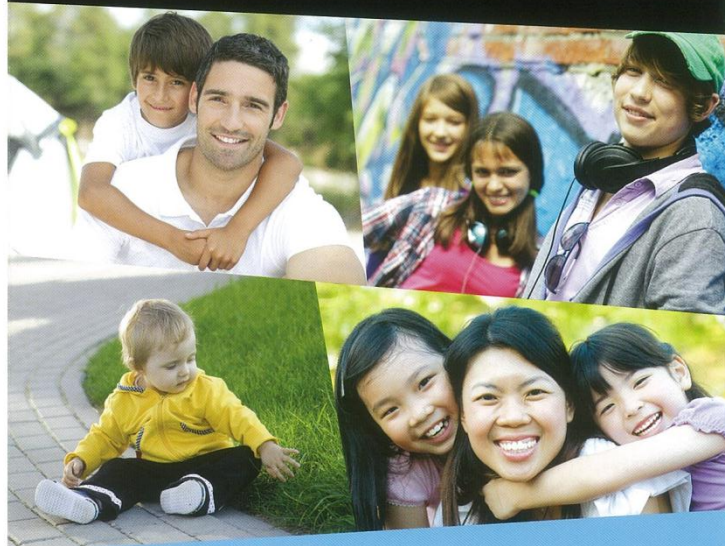
Proudly funded by:  
**familiesNSW**  
supporting families to raise children



# ParentLine<sup>NSW</sup>

## 1300 1300 52

Free Professional Help for Parents and Carers



[www.ParentLine.org.au](http://www.ParentLine.org.au)

9am-9pm Monday to Friday  
4pm-9pm Saturday & Sunday



## Telephone Counselling Program

# 1300 1300 52

## Website for Parents, Carers and Professionals

[www.ParentLine.org.au](http://www.ParentLine.org.au)

Parenting is one of life's most rewarding experiences. However parenting can also be challenging. Parent Line provides free telephone counselling for parents and carers of children aged 0-18 across NSW. The program has been operating successfully since 1998.

Parent Line's team of counsellors are paid professionals with many years of experience working with families and children. Our team confidently manages the wide range of calls that come in every day. There is no issue too small or too big that our team can't help with.

90% or more of our callers are satisfied or highly satisfied with the quality of the counselling they receive. There are also many callers (around 30%) who identify as having called before and many who use the service from time to time, through out their whole parenting life.

Parent Line counsellors have an up to date database of services across NSW at their finger tips which helps us link parents with services in their communities. Parent Line also provides support to busy counsellors and caseworkers by providing additional professional support to parents with complex needs.

Parent Line is now open until 9:00pm every day of the week. Our new hours are geared to meet the hardest times of the week: weekday mornings when parents may struggle with the morning routine, later in the evening when families can experience the most conflict and weekends when other services are closed.

Parent Line counsellors work with parents' strengths, with the aim of enriching their family relationships, creating new strategies that work in their families and with their children. The ultimate goal for the team is to assist in providing a safer, more nurturing environment for children to grow up in and to grow up to be healthy, happy, contributing, confident and capable young adults.

**Parent Line's user friendly website** has been created to provide an additional supportive resource for families across NSW. It includes valuable information about the Parent Line service and explains how we work with families.

**The website gives parents a feeling of how the counsellors might work with them on the issues they are facing.** It also gives them parenting information and some links to other good parenting resources.

**The website is child focused,** encouraging parents to develop closer, richer relationships with their children. The parenting stories help parents to understand that parenting can be challenging but that things can get better and that there is hope for change.

**If you are unsure about calling Parent Line, our website is a great place to start.** It is designed to answer the questions that you may have about the service and to help you decide if you would like to give us a call.



Find out more about us

Read parenting stories



Order promotional material





## Can Saver Plus assist you with high school costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:

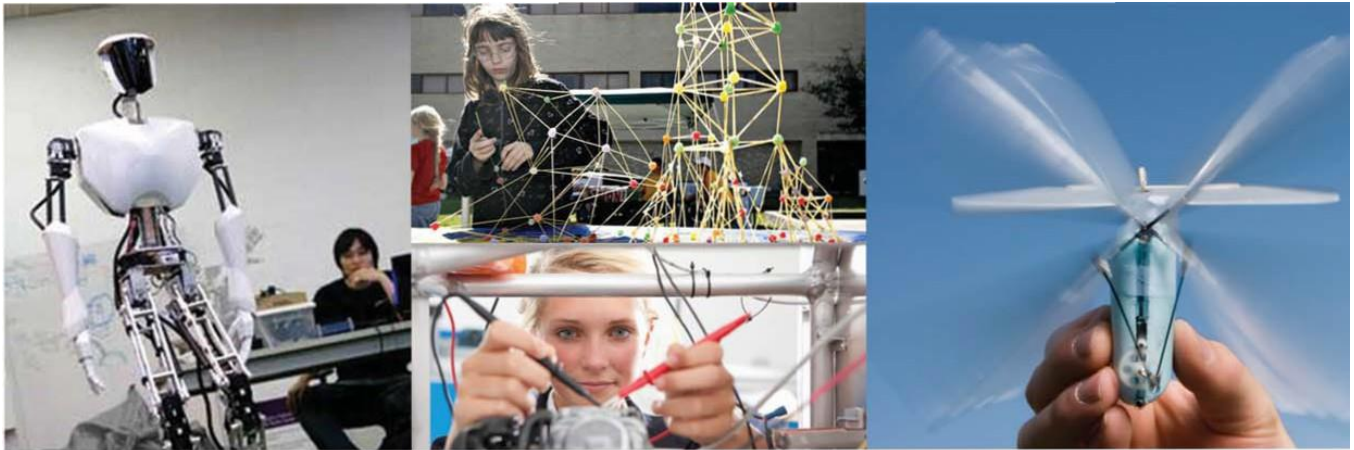
- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

**Contact Amy Hogan, your local Saver Plus Worker:**  
**(02) 6557 8284 / 0429 820 974**  
**or [amy.hogan@thesmithfamily.com.au](mailto:amy.hogan@thesmithfamily.com.au)**

*Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Greater Taree*





## **COME AND ... DISCOVER ENGINEERING** - Information Evening

The Mid North Coast Group of Engineers Australia would like to invite you to an information evening of **'Discover Engineering'**.

The evening aims to build the profile of engineering as a career choice amongst school students, teachers and parents as well as build the awareness of engineering within the community.

Students are invited to come along and hear some of the many ways engineers influence our everyday lives and hear how to achieve a rewarding career in engineering.

Areas to be addressed include:

- \* *Why be an Engineer?*
- \* *What do Engineers do?*
- \* *How do you become an Engineer?*

This **FREE** forum is for all students in Years 9, 10, 11 & 12 and will be held on **Monday 23rd June 2014** at The Chapel, St Columba Anglican School, 3 Iona Avenue (off Major Innes Road), Port Macquarie from 5.30pm.

Registration is essential by Thursday 19th June 2014. Please visit

<https://www.engineersaustralia.org.au/events/discover-engineering-port-macquarie-2>

or phone 4911 7310.

Light refreshments will be served.

FREE FUN DAY  
FOR YOUNG PEOPLE  
WITH A FAMILY  
MEMBER WITH A  
MENTAL ILLNESS



**Health**

Hunter New England  
Local Health Network

Forster, Taree, Gloucester and  
Surrounds  
**You're invited!**  
8yrs-17yrs



# Masterchef

(No experience necessary)

Lunch, drinks and activities  
all provided!

TIME:

10.30am - 3.30pm

WHEN:

**Thursday 10th July 2014**

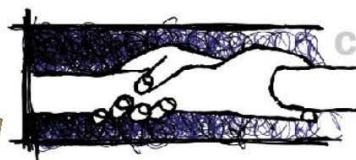
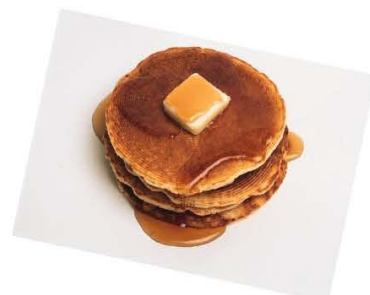
WHERE:

Christian Outreach Centre,  
Cowper Street Taree.

Places are limited.

**RSVP** by Thursday 3rd July  
to book your spot.

6551 4333



CARER

**ASSIST**

SUPPORT FOR MENTAL HEALTH CARERS

**PLEASE PHONE MYDIE FOR MORE INFO AND TO  
BOOK YOUR SPOT - AT CARER ASSIST**

6551 4333

# Tumbling/Flipping Workshops

## With Rick Everett & Megan Bolten

**Who's it for?**

Young people 12 years and older

**How much is it?**

Only \$20 per day

**When is it?**

10am - 2.30pm, Tues 8<sup>th</sup> & Weds 9<sup>th</sup> July 2014

**Where is it?**

St Josephs Primary School  
School Hall, Farquhar St, Wingham

**What do I need?**

BYO: Lunch, water & clothing suitable for tumbling

**How do I enrol?**

Contact Jill on  
0432 307765 | [circartus@gmail.com](mailto:circartus@gmail.com)  
by 4<sup>th</sup> July 2014

**Megan Bolten**

Megan has taught, coached and mentored thousands of children and adults over the past 12 years. This includes world class acrobats, elite dancers, school programs, team building for adults, personal training, stunt groups, children's performer groups, recreational classes, and more. Competitively, Megan has represented Australia in gymnastic acrobatics on five occasions.

**Rick Everett**

At just 15, Rick Everett began his performing career touring the east coast of Australia with physical theatre company Circus Monoxide. He's a versatile and highly skilled tumbler, stilt acrobat, adagio artist, fire performer, trapeze and flying trapeze artist and aerial harness performer. Rick has worked on international stages with Australia's most renowned performance companies.

**REGISTRATION DETAILS:**

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_  
AGE: \_\_\_\_\_ CONTACT NUMBER: \_\_\_\_\_  
EXPERIENCE WITH TUMBLING: \_\_\_\_\_