

## PRINCIPAL'S REPORT

Term 3 has come to a rapid end as we farewell Year 12. I would like to thank Year 12 for their efforts and wish them all the best in their HSC exams.

Last week Wingham Rotary held their annual Fundraising Dinner for the School Bus and raised over \$1500-00 on the night. I'd like to thank Wingham Rotary for their ongoing support of the community, the school and our students.

We are very proud of our association with them and very grateful for the contributions they make to the costs of running the bus. I would also like to acknowledge the other contributions Wingham Rotary make to the education of our students.

Wingham High is a comprehensive high school in the fullest sense of the word by providing the broadest of curriculum and numerous valuable extra curricula experiences that develop and nurture all students. Rotary's International Youth Exchange, Youth of the Year Public Speaking, Model United Nations, and Driver Awareness programs make significant contributions to the comprehensive nature of the school and the learning and leadership



opportunities for students and the bus provides us with the means to sustain these. Many people contributed to the success of the evening particularly Wingham Rotary Executive, our P & C, Lynda Nash and her band of Canteen volunteers for the meal this evening as well as Julie Leslie and Marilyn Kendall and our Student Captain Aaron Worth and his fellow SRC students. Not to forget our performers, Sharani Parker and Jack Croker.



Other notable activities currently include auditions and rehearsals for the annual school production. This year it is Romeo & Juliet meets Grease!!





## DEPUTIES REPORT

Here we are again – already! It is that transitional period at all high schools where we start getting caught between this year and next.

A cheerful yet sad time in a lot of respects, is felt with our year 12 cohort finalising their school based assessment for the Higher School Certificate. We had a wonderful send-off for the students and our final thoughts will be met with the dignity and respect they displayed. The other memory will be some whacky dance moves that are likely to haunt for some time!

I would like to take this opportunity to congratulate the students on quite an accomplishment. A special thanks go to the wonderful support offered by all teachers involved with these students over the last 6 years of schooling, especially those involved in their senior studies. Further thanks and congratulations must go to the year advisors Mr Wright and Mrs Ferguson who have done a wonderful job helping these students over the years. I know a tear was shed by quite a number.

It is important for all to realise that year 12 is only at ‘½ time’ at the moment. By this I mean there is plenty of opportunity to improve upon their results in the HSC Exams in October. Have a break, relax, then use the time available to work as hard as realistically possible to attain your goals! I wish all our year 12 cohort the very best of luck and may they achieve the results they deserve.

For the remainder of the school, students have finalising this year’s studies and preparing for next year. Year 10 have mapped their immediate schooling future with their selected courses for 2014. There are a few still ‘tossing up’ between electives which is understandable. Year 8 are excited about having some elective choices in their pattern of study and we will be starting timetabling in the holidays.

Trust everyone has a fantastic break and return refreshed for a great end of year.

Paul Ivers  
Deputy

## P & C NEWS

Term 3 is nearing an end. I would like to wish our current Year 12 well. I know they have recently completed their trial exams and have their HSC exams to go.

The Wingham Rotary Dinner was held on Tuesday 10<sup>th</sup> September and it was once again a great night with students showing our local community their abilities. Sharani Parker played the piano before the meals and it was relaxing to listen to. Jack Croker played the guitar and entertained all who were there and had people mesmerised with his guitar playing abilities. The speaker for the night was a former student by the name of Daniel Hender. Daniel became a masseuse. He used to work for the Australian Cricket Team, NRL Players and other well-known identities. Daniel is now back in the area and working at the Manning Aquatic and Leisure Centre. He emphasised to aim high and to never give up on your dream because you can achieve these goals. He said he was a student who flew under the radar, he was not an academic student at all but achieved what he wanted to. Daniel left Wingham High School in Year 12 in 1997.

The meal for the dinner was Beef Stroganoff and Vegetables or Curried Chicken and Rice. The food was wonderful with our Canteen Supervisor and her volunteers doing a fantastic service for the school. People that I would like to thank are: Julie Leslie, Will Mills, Marilyn and Noel Kendall, Craig Colvin, Marie Reeve and David Irvine. These people assisted Lynda on the night of the dinner and were of a great help to her and the P & C, I would especially like to thank Lynda. She always gives her all and does a great job in organising these dinners. The dinner is held to support our School Bus and to help maintain it. Lastly I cannot thank the Wingham Rotary Club enough for their ongoing support for our school and our school bus. President Michael Roohan has told me this dinner is a permanent date on the Wingham Rotary Club calendar. Their support is appreciated and we are extremely grateful for it.

I must apologise I made an error in my last report I put in that the menu for Term 4 will be same as Term 3, it should have been Term 3 menu will be the same as Term 2. I must thank Lynda for all of her hard work and for the work of all of the volunteers. Our canteen would not operate as well without all of the help and support from our volunteers. When we come back from school holidays the menu will change for the summer menu for Term 4 and continue into Term 1 2014.

We had our final Excellence Assembly for the year with students once again excelling in their subjects, congratulations to those students who received awards. This was the final assembly for our 2012 School Leaders of Captains; Reece Hartveld and Olivia Mudie and Vice-Captains; Aaron Worth and Emily Sadler. I am sure you will all agree these students do a wonderful job of representing our school and we should be proud of them. Our new School Captains were inducted in the assembly and they are: Captains; Eddi Raglus and Joel Hedge and Vice-Captains; Kate Shields and Jack Croker. These students should be commended for the way they promote our school and stand tall. They make you feel very proud to be part of Wingham High School.

As our meeting time is to fall in the holidays, we will be holding our next P & C Meeting on **Thursday 10 October 2013 in the School Staff Room at 6pm**. This is the first Thursday back at school after the holidays. Hope to see you there. Enjoy your break and hope you have a good holiday.

Anne Munns  
President

## YEAR 10 MARINE EXCURSION

The marine class attended the Australian Ray and Shark Centre at Nelson Bay on the 19<sup>th</sup> September, 2013 as part of the marine course. The students travelled on the Wingham school bus driven by Mr John Surtees.

All the students entered the various pools feeding sharks and rays by hand and experiencing the various textures of their skins. The students had the opportunity to wear wetsuits or waders and enter the pools and interact with the sharks and rays.



The behaviour of all the students attending was exemplary and most are keen to return and do it again.

Mr Hawkins  
Marine Studies



## WINGHAM SWIMMING CLUB



The 2013-14 season will start on Wed 9<sup>th</sup> October.

Drop down to

**Wingham Pool 1-2pm on Saturday 29<sup>th</sup> Sept**  
to learn more about our great club and pick up your  
Program Booklet.

Starting distance is 15m and age is not restricted.  
Masters of 25yr + are encourage to join in the fun  
New members can swim for 2 weeks before they join.

### CANTEEN ROSTER

16/09/2013 Joyce Cummings, Marie Reeve, HELP NEEDED  
17/09/2013 Christine Donehue, Jean Cameron, Bronwyn Wallace  
18/09/2013 Sandy Osmond, Judy Abdo  
19/09/2013 Louise Smith, Anne Munns  
20/09/2013 Michelle Swannack, HELP NEEDED, HELP NEEDED  
07/10/2013 LABOUR DAY LONG WEEKEND  
08/10/2013 Caroline Weekes, George Greaves  
09/10/2013 Hermione McCormack, Melinda Murphy  
10/10/2013 Leanne Foster, Robert Allen, Liz Fenech  
11/10/2013 Jeff Ritchie, Marie Reeve, Julianne Webster  
14/10/2013 Joyce Cummings, Marie Reeve, HELP NEEDED  
15/10/2013 Christine Donohue, Jean Cameron, Bronwyn Wallace  
16/10/2013 Sandy Osmond, Judy Abdo  
17/10/2013 Louise Smith, Anne Munns  
18/10/2013 Michelle Swannack, HELP NEEDED, HELP NEEDED  
21/10/2013 Annie Upton, Marie Reeve, HELP NEEDED  
22/10/2013 Caroline Weekes, HELP NEEDED  
23/10/2013 Judy Abdo, Julie Page  
24/10/2013 Ronwyn Meaker, Jacquie Godfrey  
25/10/2013 Therese Hopkins, Susan Watson, HELP NEEDED  
28/10/2013 Kay Brauer, Lorraine McGrath, HELP NEEDED  
29/10/2013 MERE MALES – Ken Cameron, Allen Skinner  
30/10/2013 Sandy Osmond, Lauren Robertson  
31/10/2013 Jeff Ritchie, Jason Mills  
01/11/2013 Marie Reeve, Jenny Collier, Pat Skinner

## **PROBUS TOO GOOD THIS YEAR**

Our Year 10 debating team was unsuccessful this year in retaining the trophy for the annual debate against Wingham Probus Club.

The debate was held on Wednesday August 28<sup>th</sup> and the topic was “that teenagers have a lot to learn from the older generation.” It was a lively debate and once again the topic lent itself to the traditional swapping of humorous insults based on the generation gap.

Probus argued the Affirmative. Their line was that the older generation have had the experiences, the successes and the mistakes to teach teenagers much about life. First speaker Keith Bedggood laid an excellent foundation for their case and used quotes effectively eg Mark Twain: his father had learned so much in the seven years when he (Mark) was between 14 and 21 years old.

Our Year 10 debaters, in arguing the Negative, said that the world has changed so drastically in recent times that the experience and knowledge of the older generation was no longer relevant. Technology was central to their case but they also argued that the older generation was not very well qualified to pass on advice, given they started two world wars, generated the worst economic depression in history and had abused the environment beyond repair.

The traditional insults flowed. Jorj Sumpner-Johnston described the oldies’ music as “torture”. Darcy Byrne described the older generation as “technologically impaired” and Samantha Deal declared that the only technology the oldies really understood was hearing aids. For their part, the Probus team gave as good as they got.

Probus won the debate because their arguments landed as solid blows, whereas the WHS debaters were jabbing a lot and not following through. Probus were also more eloquent in their speaking, with Robyn Gibson delivering an outstanding presentation. Third speaker Alan Hughston wrapped up the case nicely, focussing on the stereotyped case put forward by the Negative.

The perpetual trophy is being engraved and the debate will be on again next year – a great activity in school/community relations.

Gary Dunbier

## **IF YOUR CHILD HAS ANAPHYLAXIS SHOULD HE OR SHE CARRY THEIR OWN EPIPEN® OR ANAPEN® TO AND AT SCHOOL?**

### ***What is this article about?***

If you have told the school that your child is diagnosed a risk of anaphylaxis you should have received a letter from Mr Thomson.

This article provides more information about anaphylaxis.

### ***What is an EpiPen® and an Anapen®?***

EpiPen® and Anapens® are the emergency treatment for children who are having an anaphylactic reaction.

### ***What is anaphylaxis?***

Anaphylaxis is a severe and sometimes sudden allergic reaction. If your child has been diagnosed by a doctor as being at risk of anaphylaxis there are some important things to remember that will help the school to support your child's health care needs.

***Why you need to keep us informed if your child is diagnosed as being at risk of anaphylaxis or if his or her condition changes. This includes if they have an anaphylactic reaction while not at school.***

The school can only respond to risks it knows about. Please keep Wingham High School informed so that we can plan to support your child at school.

***Why you need to provide the school with your child's current ASCIA Action Plan for Anaphylaxis and an EpiPen® or Anapen® signed by their doctor***

The plan sets out the steps the school needs to follow in an emergency. It is essential for us to have this to keep your child safe.

We will keep a copy of your child's ASCIA Action Plan for Anaphylaxis stored with your child's EpiPen® or Anapen®.

***Why it is important to talk regularly with your child about some simple steps to help keep them safe***

It is important to regularly talk with your child about when and where they are at risk of contact with the things they are allergic to and how to avoid this. If you have told them not to take part in sharing food at school, regularly remind them of this.

Reassure them that if they do come into contact with something they are allergic to or they feel unwell at school they won't get into trouble. **They need to tell a teacher immediately.**

***Consider whether your child should carry their own EpiPen® or Anapen®***

If your child has been diagnosed with anaphylaxis you can request that they carry their own EpiPen® or Anapen® to school and at school. A request form has been sent home and is also available from (INSERT LOCATION/PERSON).

If you request that your child carry an EpiPen® or Anapen® with them to school and at school you will still need to provide the school with at least one additional EpiPen® or Anapen® for storage in a central location within the school and for access by staff in an emergency.

The school will contact you about any request you make for your son or daughter to carry their own EpiPen® or Anapen®.

***Why does the school need to know if your son or daughter is carrying their own EpiPen® or Anapen®?***

Staff need to know your child carries an EpiPen® or Anapen® in an emergency. For this reason this information will be included in your child's individual health care plan.

They also need to be able to find it quickly so it is important that it be in an easily identifiable and accessible spot (eg. not a locker).

To find out more go to the Department's public schools website:

<http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/anaphylaxis/index.php>

## PAPILLOMAVIRUS (HPV) VACCINE

- 2012, the Australian Government announced that human papillomavirus (HPV) vaccine would be provided free to male students in high schools from 2013.
- From 2013, males in Year 7 in all NSW high schools will be offered HPV vaccine annually.
- In addition, males in Year 9 will be offered the vaccine as part of the national 'catch up' program in 2013 and 2014.
- Males who are 14-15 years of age in 2013 and who are in Year 10 can receive free HPV vaccine at their GP during 2013 only:
  - It is important when making the GP appointment that the receptionist is informed of the reason for the visit and that sufficient time is allowed for the vaccine to be ordered and delivered to the GP.
  - HPV vaccination will continue to be offered annually to female students in Year 7 only.
  - The Australian Government has developed information for parents, students and health professionals about HPV vaccination.

Link: <http://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

## AFTER SCHOOL CARE FOR YOUNG PEOPLE WITH DISABILITIES

About Inclusion offers a Teen Time program of After School Care and Vacation Care for young people with disabilities in Years 7-12. The program is an initiative of the Ageing, Disability and Home Care. The program runs in conjunction with the Department of Education and our service. Our current venue is the support unit at Chatham High School.

## MANNING, GREAT LAKES TIP RIDERS MOUNTAIN BIKE CLUB – Single Track Nirvana

On the 29<sup>th</sup> December 2012 Emma Jarvie passed away from Leukemia. She was an active 15 Year old member of the Manning, Great Lakes Tip Riders Mountain Bike Club.

She was known for her community achievements and sporting activities. Cycling was one of her great loves.

This morning is dedicated to Emma and her fellow cyclists who are no longer with us in body but who remain bonded to our hearts forever.

This is an opportunity to catch up with each other, learn a new sport, go for a ride, whilst having a fun time and doing what we love doing "shooting the breeze".

If you have never gone bush cycling then now is a great time to find out what it's all about.

## DETAILS

**Where:** Kiwarrak Forest, meet at Tip front entrance on Bucketts Way, Tinonee

**When:** 22<sup>nd</sup> September 2013

**Time:** Registration 9.00 am

**Races:** 10.00 am

**Cost:** \$15 non mtba members – includes insurance and race entry  
\$30 families (non mtba)  
\$5 existing mtba members

**Details:** Short loop xc event (3-4 km in length) entry level race solo or teams, aimed at newcomers and all racers/riders, any skill level encouraged to come.

This is an inaugural memorial event dedicated to all riders who have passed from this world.

Free barbecue on completion, cold drinks will be available for sale.

For further information: Bourkes Bikes 6552 1251

Chad 0431 138 933

**Special Points of Interest:** Family oriented; events to suit all ages and skills; enjoy a morning in the bush; affordable; fun and close to town.

## You are invited to the Y's Family Fun Day

Manning Aquatic Leisure Centre is hosting a special family fun day and your family is invited!

**Sunday September 29th, 10am to 2pm.**

- ▼ Jumping Castle & Slide
- ▼ FREE Face Painting
- ▼ Launch of the Manning Valley Vipers swim squad
- ▼ Aquatic Fun For Kids
- ▼ Learn to Swim Lessons
- ▼ Swim Squad registration
- ▼ Free Learn to Swim assessments
- ▼ FREE Fitness Classes
- ▼ Colouring Competition
- ▼ Outdoor Pool Opening
- ▼ Meet Philbert the Frog
- ▼ Activities for the WHOLE family!

**IT'S FREE ALL DAY!**

**Bring the entire family for a day of family fun!**

**IT'S FREE ALL DAY!**



**Manning Aquatic & Leisure Centre**  
51 Manning River Drive, Taree North  
Phone: 02 8550 0500  
[www.ymca.nsw.org.au/malo](http://www.ymca.nsw.org.au/malo)

 **Greater Taree**  
City Council

